

Nursing Digest

MILLERSVILLE
UNIVERSITY

DEPARTMENT OF
NURSING

FALL 2017

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MU Nursing Supports Honduras

From May 21 – 27, a multi-disciplinary team of Millersville University faculty and students, representing nursing, social work, psychology, anthropology and biology, traveled to Pespire, Honduras with the Lancaster-based group Central American Relief Efforts (C.A.R.E.). Led by Dr. Kelly Kuhns, Nursing and Dr. Karen Rice, Social Work, the fourteen member team engaged in various activities to support the local community. On the first day, the team conducted baseline nutritional screening at a rural school in preparation of implementing a protein/rice-based school lunch program. For the next three days, the team set up one day healthcare clinics, including primary care, pharmacy, vision screenings and dental care. Each day, we ran out of medications to distribute and over the course of the three clinics, we saw more than 1,000 patients! On the final day, the team visited a local public hospital – what a sobering experience! It’s amazing how much they are able to do with so little.



This trip was life-changing for all involved and we look forward to returning in the near future!

MU Nursing Gets Political About the Environment

In June, Professor Modene, Dr. Kuhns and a group of RN to BSN students attended the Alliance of Nurses for Healthy Environment’s (ANHE) conference, Climate Change, Health and Nursing: A Call to Action. The first day of the conference provided information regarding the current state of our environment, current work of registered nurses across the country advocating for the environment, as well as an overview of current national and state policies and the impact of these policies on the environment. The second day provided an opportunity for these nurses to put advocacy into practice, meeting with legislative aides for Senator Toomey (R) and Senator Casey (D) to advocate for the public’s health through healthier environmental legislation.

The opportunity to advocate for public health through environmental protection legislation was a transformative experience for our students. Kim Thatch stated, “I learned that nurses play a pivotal role in aiding and educating others on climate change as well as its impact on our health.” Hahn Vu stressed, “I was very impressed that many individuals and organizations have been working really hard to show the serious impact of climate change to our health.” The students have integrated environmental changes within both their personal and professional lives. Kim has started using a carbon footprint calculator to raise her awareness of energy use. Professionally, Hahn notes that she is more aware of vulnerable populations and the impact the environment plays in overall health. Awareness has brought a better assessment of health risks, “to provide a proper plan of care and education” for this population. Domonique Scott reflects on her experience and future, that this is only the beginning of her environmental health advocacy efforts. She hopes to become an advocate for environmental health and nursing in the community.



Awareness, education and advocacy can bring change for public health policy. Please visit www.envirn.org for more information on the Alliance of Nurses for Healthy Environments. There are workgroups in Education, Research, Practice and Policy-Advocacy that meet via monthly conferences calls. Dr. Kuhns and Prof. Modene are always excited to talk about the environment and advocacy, so please feel free to reach out to either for more information on future advocacy opportunities.





As you will see in these pages, the Millersville University Department of Nursing continues to be the small department that does BIG things! In Spring 2017, our first online RN to BSN program students graduated, along with our traditional blended program students. We currently have nearly 300 undergraduate students and we are looking at full cohorts in the online program for the future. In the spring 2018 semester, we will have our first MSN graduates from our Dixon Center location as well as our first DNP graduates! Not only are we busy developing programs and educating students, but the Department has also been increasingly involved in service-learning and outreach. Twice a month, Dr. Zimmerman leads a team that provides health promotion and education to low-income families at two different food bank locations, Peter's Porch. Dr. Zimmerman works tirelessly to provide amazing services and support to these families, who look forward to seeing her each month! In May, I was honored to co-lead a multi-disciplinary MU group on a service learning trip to Honduras and in June, Professor Modene and I led a group of students on an environmental advocacy trip to Washington DC. Just last week, Dr. Monn successfully coordinated and implemented the 6th Annual Breast-A-Ville, a single-focus health fair aimed at promoting breast health among college students.

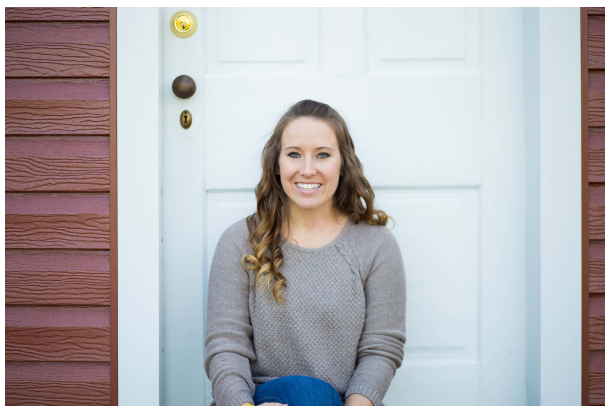
As I look to the future, I see great things for our Department! In January, we will be hosting our Commission on Collegiate Accreditation (CCNE) site visit. As we prepare for that visit, we are reminded of all the hard we've done and all the work that remains ahead of us! Following our successful site visit, I am eager to continue to expand our programs to best meet the needs of our potential students and our local healthcare community!

We love staying in touch with our students and alumni, so please email us, join our page on Facebook, or drop by to let us know how you are doing! I look forward to hearing about your successes!

Dr. Kuhns

Cayleigh Minter

Mechanicsburg High School (2005), York College of Pennsylvania (BSN, 2008) and MSN FNP Millersville University (2014)



Cayleigh currently works in Occupational Health for UPMC Pinnacle, but also enjoys moonlighting in the emergency department. She enjoys working part time for Millersville teaching both undergraduate and the Dixon cohort of FNP students. Associations include AANP and Xi Chi.

Family life is her priority, married to her high school sweet heart Phillip with a beautiful two year old named Brighton, and two dogs named Guinness and Stella. We all enjoy being outside whenever possible, especially hiking and skiing (Brighton too).

Leslie Dean

SUNY Binghamton (BSN), Millersville University (MSN)



Early in her career, Ms. Dean worked in Pediatrics, Maternal-Child Health, Med-Surg, and Community Health Nursing. She began teaching as a nurse educator at Holy Spirit Hospital in Camp Hill, PA, and as a nursing instructor at HACC. She taught as an adjunct in the RN-BSN program at Penn State Harrisburg and at Millersville University. Ms. Dean presented at the national AWHONN (Association of Women's Health, Obstetric and Neonatal Nurses) conference and received Holy Spirit Hospital's "Going Beyond Expectations" Spirit award. Her professional interests include teaching ethics and diversity in nursing practice. She currently teaches physical assessment at HACC (AND program), and for Millersville (Dixon and Online).

Sigma Theta Tau International: Xi Chi Chapter Events

2017 Tri-State Consortium
Brunch and Lectureship

October 8, 2017
9:00 am to 1:30 pm

Keynote Speaker:
Dr. Connie Sorbon, RN, PhD
Location:
Philadelphia, PA
Embassy Suites
Philadelphia Airport

2017 Xi Chi Chapter
Distinguished Lecture Series

October 12, 2017
Starts at 6:30 pm
Speaker:

Dr. Nancy C. Sharts-Hopko,
PhD, RN, FAAN, CNE
Location:
Millersville, PA
McComsey Hall
Myers Auditorium Room 260

2017 Xi Chi Chapter Fall
Induction Ceremony

November 9, 2017
6:00 pm to 9:00 pm
Speaker:

Dr. Janice Agazio, PhD, CRNP,
FAANP, FAAN, STTI North
American Region 12 Coordinator
Location:
Lehr Dining Room of the Bolger
Conference Center at Gordinier
Hall



20th Annual Scholarship Symposium Presentations

Sherry Ayler

Developing a Video Library within the ICU as a Visual Aid
in Caring for the Critically Ill

Mariannette Calon-Munoz

Transformative Care for Migrant Workers and Refugees:
An Advanced Practice Nurses' Innovative Solution to
Training and Healthcare Delivery Part II

Elizabeth Carey

“Breast-a-Ville”: An Educational Event to Inform College
Students About Breast Health

Amanda Conroy

The Ethics of Genetic Engineering and the Role of the
Healthcare Provider

Beth Covington

Home Visits by the Nurse Practitioner to Reduce
Readmission for Congestive Heart Failure Patients

Jessica Eager

Weight Bias Among Family Nurse Practitioner Students

Jill Faber

Opioids, Non-Opioids, and Non-Pharmacological Pain
Treatments in Family Medicine

Tami Groves

Teen Depression and Suicide: How May the School
Nurse's Role be Expanded to Identify and Manage
Students with Depression

Maria Huffman

Improving Hospital Admission Rates of New Dialysis
Patients

Mallory Hull

Transformative Care for Migrant Workers and Refugees:
An Advanced Practice Nurses' Innovative Solution to
Training and Healthcare Delivery Part I

Kimberly Ibarra

Overcoming Barriers to Preventive Care in Nepali
Refugee Women

Ashley Kundravi

The Value of Strict Rest Following Concussion

Christopher Lohr

Cultural Care Theories and the Lived Experiences of
Registered Nurses Participating in Short Term Medical
Missions

Ellen McCollum

The Use of Essential Oils in the Clinical Setting:
Understanding the Nurse's Role

Kirsten Miller

Food as Medicine: Effectively Integrating Nutrition
Education into Primary Care

Julie Morgan

Hyperlipidemia Management: Evidence-Based Strategies
to Reduce the Risk of a Cardiovascular Event

Matilda Ryan

Don't panic! Evidence-based Treatment for the
Management of Anxiety in Primary Care

Nicole Thomas

Maternal Sepsis Education: A Needs Assessment

Rodrigo Ugalde

To Be or Not to Be: The Merits of a Nurse Practitioner

Diana Velazquez

Minimizing Risky Youth Behavior

Kiera Wells Nguyen

Standing Up: A Project to Educate Emergency Nurses on
Workplace Violence Directed from Patients Toward Nurses

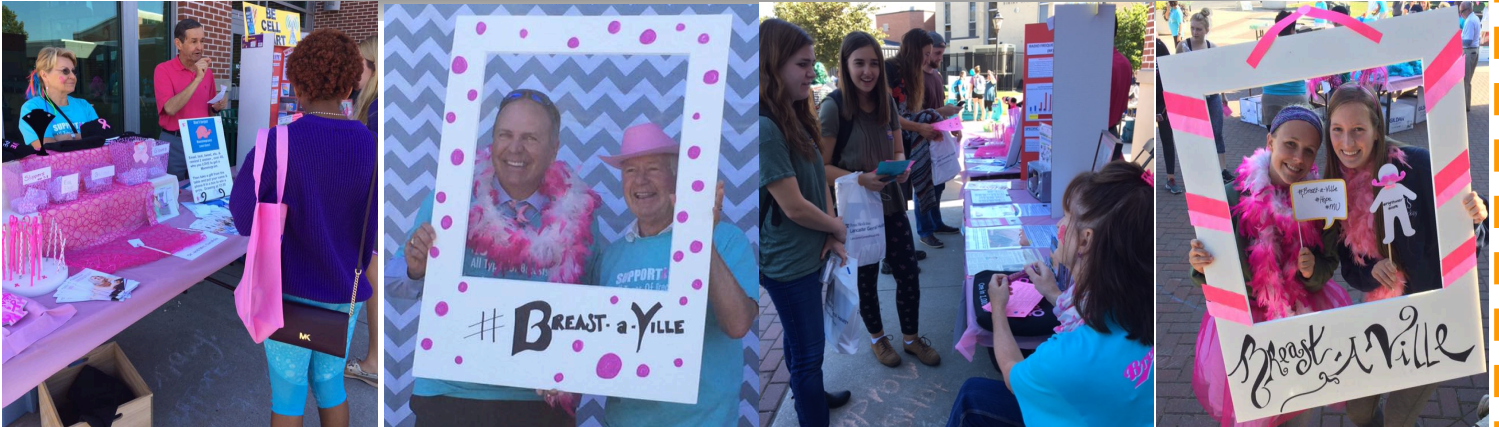
Joyce Wenger

Adult Attention Deficit Hyperactivity Disorder: Achieving
Accurate Diagnosis and Effective Treatment

Javed Yasin

The Need for Patient Education Regarding the Effects of
Sleep Apnea on Cardiovascular Disease

7th Annual



Nursing Award Winners

Luelle Hamilton Nursing

Gary Grimm

Martha & Bradley Culbertson

Stephen Wright

Sara Shaffer

Lt. Col. Cashman Scholarship

Christina Mast

Liselotte Wehrheim Nursing

Caitlin Stephey

Niki Butler

Laxmi Bajgai

Antone K. Fontes

Cheryl Wolf

Forty et Eight Nursing Scholarship

Gupreet Kaur

Ashley Hoskin

Hahn Vu

Patrycja Showers

Ashlee Mast

Tacara Chesley

Jamie Stiffler

Christyne Tran

Jennifer Wilke

Margaret K. Shenk

Radha Patel

Kim Thach

Daniel Lembo

Richard Byrd

Matthew Forsythe

Karli Fickes

William Price

Lancaster Osteopathic Health

Foundation

2017 Masters of Science in

Nursing Scholars:

Leonie Mbiekop

Lori Lynn Eichman

2017 RN-BSN Scholar

Danielle Lynn Sweigart



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Nursing on Facebook!)

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