

MILLERSVILLE
UNIVERSITY

DEPARTMENT OF

Nursing Digest

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Chair Message – Dr. Kelly Kuhns

Welcome Back!

We're off to another great start to the 2019- 2020 academic year! In a previous newsletter, I called our program the "small department that does BIG things" and that continues to describe us! This fall we have more than 300 undergraduate students, representing a 150% increase in the last five years! In addition, we have over 100 graduate students and 15 doctoral students in two cohorts! We know that our growth is thanks to you, our students and alumni, who support and promote our programs!



In May 2018, our first Dixon University Center MSN students graduated beside our Millersville University based students, leading to our largest MSN graduating class ever. In addition, we were proud to hood our first cohort of DNP graduates! In Spring 2020, we look forward to our second cohort of DNP students (7) graduating!

In January 2018, we hosted our first CCNE Accreditation visit and were thrilled when our team of reviewers found that our four reviewed programs (BSN, MSN, post-MSN certification, and DNP) were in compliance with the CCNE Accreditation standards. In October 2018, we were notified of our full accreditation through 2023. We are grateful to all our students, alumni, faculty, and community members who assisted in our program review!

In addition to program growth, in 2018 we welcomed Dr. Dawn Lambert and Professor Cayleigh Minter to our faculty. This fall, we welcomed Dr. Susan Moyer as our newest faculty member. We continue to search for a doctorally prepared nurse practitioner to join our faculty!

Last year, Millersville University welcomed our new President, Dr. Daniel Wubah. Dr. Wubah has challenged each of us – faculty and staff, students, alumni, and community partners -- to envision the next steps for our Departments and the University. Where do we want to see ourselves in 10 years? What will be the impact of the MU Department of Nursing on our community, locally and beyond? Developing a vision, goals, and tangible outcomes for our Department will be at the top of our priority list and we want to hear from you! Please email me your thoughts about new programs, changes in current programs, and other ideas you might have for the Department (Kelly.kuhns@millersville.edu). You can also submit suggestions via the "Comments and Suggestions" tab on our Department website. Finally, you are always welcome to stop by the Department!

There is much more information about exciting developments at MU throughout this newsletter. I feel fortunate to be a part of such a dynamic and growing department!

I'm looking forward to another great year at MU – Together Strong!

Kelly A. Kuhns, PhD, RN

\$1.35 million HRSA Grant Received!

In August 2019, Dr. Kelly Kuhns and Dr. Alex Redcay, Social Work, were awarded \$1.35 million Health Resources and Services Administration (HRSA) grant to focus on expanding those in our community prepared to work with prevention, treatment and recovery from opioid addictions.

Faculty Highlights

Dr. Barbara Zimmerman

* Recent presentation June 26, 2019 on "Understanding School Nurse Preparation in the U.S.: Challenges, Diversity and Implications, to the National Association of State School Nurse Consultants (NASSNC) in Denver CO.

* Recent presentation on March 30, 2019 on *Social Determinants: Impact on Health of School Age Youth* in State College, PA at the Annual PA School Nurse and Practitioner (PASNAP) Conference



Meet the New Faculty!

Dr. Susan Moyer

Ph.D. in Nursing Science and M.S. in Nursing Education from Villanova University, BSN from Bloomsburg University



Dr. Moyer is a Robert Wood Johnson Foundation Future of Nursing Scholar alumni and a Certified Nurse Educator (CNE) credentialed through the National League for Nursing. She served as an assistant professor of nursing in the associate degree nursing program at Reading Area Community College where she taught nursing courses across the curriculum and supervised students in long-term and acute care clinical settings. As a Registered Nurse, she has managed the care of adult clients on medical-surgical, cardiac, and critical care units in various institutions including at the University of Pittsburgh Medical Center Shadyside, the Tower Health Reading Hospital, and the Penn State Health St. Joseph Medical Center. She is a member of the National League for Nursing, American Public Health Association, Eastern Nursing Research Society, Berks Regional Nursing Research Alliance, Phi Kappa Phi honor society, and Sigma Theta Tau International nursing honor society. Her research interests include active learning, specifically related to the use and effectiveness of active learning strategies in nursing education; and the health promotion, lifestyle practices, and wellness behaviors of vulnerable populations.

Cayleigh Minter

Mechanicsburg High School (2005), BSN from York College of Pennsylvania (2008), MSN in Family Nurse Practitioner from Millersville University (2014)



Cayleigh currently works in Occupational Health for UPMC, but also enjoys moonlighting in the emergency department. She enjoys working full time for Millersville, teaching both undergraduate and the Dixon cohort of Family Nurse Practitioner students. Associations include AANP and Xi Chi. She is also currently a DNP student at Millersville. She was awarded the Keiser Faculty Release, which will provide her additional time to complete her DNP project.

Family life is her priority, married to her high school sweet heart, Phillip, with two beautiful daughters, a three year old named Brighton and Oaklyn who will turn one in November, and dog, Stella. We all enjoy being outside whenever possible, especially hiking and skiing (Brighton, too).

Dr. Dawn Lambert

Ph. D. in Nursing Education from Capella University, MSN in Community Health and Nursing Education from West Chester University, BSN from Millersville University



Dr. Lambert's clinical experience includes acute and long-term care settings, public and community health, and nursing education. She has presented locally and nationally on topics related to school nursing, and published several articles and a book chapter related to school nursing practice. Dr. Lambert is actively involved in volunteering in her community and at her church. She is a member of the National Association of School Nurses, Pennsylvania Association of School Nurses and Practitioners, and Sigma Theta Tau, the international honor society for nursing. She has been appointed Coordinator for the School Nursing and School Health Supervisory certificate programs. Dr. Lambert's research interests include servant leadership, particularly its influence on teaching practices and student success in higher education; adolescent mental health; and health disparities in adolescent and rural populations.



First DNP Cohort Graduates!

Dr. Emily Elizabeth Gehron

Implementation of an Advanced Practice Provider Led
Oncology Supportive Care Clinic

Dr. Lisa Ann Sneft

Pulmonary Rehabilitation: Barriers to Use

Dr. Adam Michael Updegraff

Improving Nurse-Provider Communication Through
Situations, Background, Assessment, and
Recommendation



On May 11, 2018, the Department of Nursing celebrated a monumental moment in our history – the graduation of our first three doctoral students. Not only were we among the first doctoral graduates of Millersville University; in addition, Dr. Lisa Senft, a member of our first cohort, was selected as the Moment of Reflection speaker for Graduation. Dr. Senft shared her own educational journey and thanked the many individuals who made her success possible. We know that each of our graduates, Dr. Emily Gehron, Dr. Lisa Senft, and Dr. Adam Updegraff, are moving forward in their careers to become change agents and leaders in their profession. We look forward to celebrating their continued successes!

Congratulations to the Master of Science in Nursing Class of 2019!



Congratulations to Jamie Barlow (FNP), Richard Byrd (FNP), Shwu-Yn Chang (FNP), Bryan Dorsey (FNP), Toni Drumm (FNP), Melissa Duchesne (FNP), Julia DyReyes (FNP), Stacie Ebersold (FNP), Gary Grimm (FNP), Chantal Kabamba (FNP), Christine LaPierre (Nursing Education), Erica Lehman (FNP), Heather Leonard (FNP), Natalie Luciano (FNP), Karla Maldonado (FNP), Leonie Mbiekop (FNP), Amanda McCauslin (Nursing Education), Justine McCracken (FNP), Kevin McNally (FNP), Kathryn McNew (Nursing Education), Laura Norton (FNP), Brandon Parkyn (FNP), William Price (FNP), Emily Reynolds (FNP), Kristine Ruble (FNP), Melissa Salter (FNP), Heather Shuker (FNP), Elizabeth Smith (FNP), Kimberley Smith (FNP), Ellen Superdock (FNP), Maria Troccoli (FNP), Emily Vance (FNP), and Kristen Whitebread-Robles (FNP).

RN-BSN Student to Receive Nightingale Scholarship!

The Department of Nursing of Millersville University wishes to congratulate REGINA REEP, RN, as a recipient of a Nightingale Scholarship. Regina is a senior in the RN-BSN program and anticipates a Spring, 2020 graduation. She is the first recipient from Millersville University to receive this prestigious scholarship.

Currently living in the Harrisburg, PA, area, Regina emigrated from Germany to the US in 2004 to marry her husband who was in the US military serving in Iraqi Freedom. While in Germany, Regina earned her diploma in nursing which is similar to a bachelor's degree in the US. She completed coursework toward a Master's degree in Nursing Management but was unable to complete due to moving to the US. She graduated from Harrisburg Area Community College in 2016. Her clinical background has been in perioperative nursing. She is currently a homemaker who is kept very busy caring for her 5-year old son. She looks forward to starting as a school nurse assistant soon.

The Nightingale Awards of Pennsylvania is celebrating its 30th Anniversary of offering scholarships and recognition to Pennsylvania nurses. Over the years, over \$330,000 has been awarded to nearly 200 nursing scholarship recipients. Regina was identified as an exceptional student by demonstrating deep levels of caring, compassion, community service, and academic achievement. When asked about her feelings regarding receiving a Nightingale Scholarship, Regina stated that she realizes this is a special award and that she is proud of this accomplishment. She noted, "Hard work pays off!" She will be honored at the Awards Gala on November 8, 2019, at the Sheraton Harrisburg Hershey Hotel.

CONGRATULATIONS, REGINA!

*Acceptance of applications for the 2020 Nightingale Scholarships starts in January, 2020! If you would like to know more about the criteria for these scholarships offered for all levels of nursing education, please visit <https://www.nightingaleawards.org/scholarship-criteria--application.html>

-Dr. Teresa Hartmann, Assistant Professor, Department of Nursing

Millersville University RN-BSN Student Creates a Community Health Fair!

Millersville University senior RN-BSN student Patrycja "Anna" Showers, RN is passionate about serving the citizens of the local community. Anna combined the results of an in-depth community study that she conducted in NURS 421 (Population Based Nursing) with an assignment in NURS 478 (Transforming Healthcare through Leadership in Nursing) to create an ideal healthcare entity. The ideal healthcare entity project could be a theoretical entity, but must be supported with well researched data as to the need, the patient population, funding, and sustainability. Anna chose to take her project to the highest level by creating a community health fair titled "Inspire Highspire" held October 19, 2019 at the Highspire Fire Hall. She partnered with many community agencies including the mayor of Highspire, local fire, police, and emergency staff, a graphic artist, and many leaders of local healthcare and service agencies. The fair provided health and wellness information as well as screenings, information on various community support agencies for housing, food, addiction, mental health, transportation, and fun for all ages!

Congratulations Anna!

Upcoming Events

- ◆ Annual Scholarly Symposium: May 1, 2020
- ◆ Necessary NP Review by Dr. Marye Kellermann: May 17-19, 2020
 - ◆ Registration and information: www.necessaryworkshops.com/workshops/register/224

Nursing Award Winners**Luella Hamilton Nursing**

Barbara Nistor (MSN)

Lt. Col. Cashman Scholarship

Farida Aliyeva

Liselotte Wehrheim Nursing

Mirtha Chavez-Lopez

Evelin Alcantara

Russo Brigidite

Forty et Eight Nursing Scholarship

Kendra Fultz

Evelin Alcantara

Christopher Fratus

Desta Kebede (MSN)

Margaret K. Shenk

David Kinuthia

Corabeth Tannenbaum

Justin Zimmerman

Angela Avers

Kate Garvin (MSN)

Daniel Lembo (MSN)

Danielle Sweigart (MSN)

Eimy Aguilar (MSN)

Michael D. Gross Scholarship

Tahreem Muhammad

D. Joan Godfrey

Erica Lehman (MSN)

Laxmi Bajgai (BSN)

Antone K. Fontes

Julia DeReyes

Corabeth Tannenbaum

Lancaster Osteopathic Health Foundation

2019 MSN Scholars:

Janine Muir

Natalie Goss

Danielle Lynn Sweigart

Rebecca Cox-Davenport

Terianne Edwards

2018 RN-BSN Scholar:

Kaitlyn Richartz

Martha & Bradley Culbertson

Tahreem Muhammad



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