



# Millersville University

## School of Science and Mathematics

### Department of Nursing

Fall 2011

## NURSING NEWSLETTER

### Upcoming Events

Fall Commencement  
December 18, 2PM

Spring Commencement  
May 12, 2012 10AM

Sigma Theta Tau, Int.



Xi Chi Chapter  
Distinguished Lectureship

Featuring Dr. Ann O'Sullivan a  
Professor of Primary Care Nursing at  
the University of Pennsylvania

"Are You Ready for the Consensus  
Model to be Implemented"

Date: October 27, 2011

Time: Reception and Awards starts at  
6:30p.m. ; Lecture beings at 7:30 p.m.

Where: Lehr Room in Gordinier/Bolger  
Conference Center

Xi Chi & Eta Eta Chapters  
Collaborative Event

Date: March 27, 2012

Time: 5:30p.m. – 10:30 p.m.

Location: Stayer's Multipurpose Room.

Xi Chi Annual Meeting:

Annual Breakfast meeting and lecture

Date: June 2, 2012

Location: Stayer's Multipurpose Room

### 27th Annual Brossman Science Lecture

Dr. Edith Widder

"Exploring and Protecting Planet  
Ocean"

November 3, 2011 7-8:45 PM

Follow us on Facebook!  
Get instant updates, event  
information and reconnect with  
classmates and colleagues!



## Message from the Chair

Department of Nursing Chair,  
Dr. Barbara Zimmerman, PhD, CNS, RN, FNASN

The Department of Nursing is pleased to once again provide this newsletter update to our alumni and other interested parties. This academic year you will find the Department of Nursing engaged in a variety of activities to keep you better informed and to become more environmentally friendly. As such, most of you will be receiving this newsletter in an e-format.

A lot of changes have taken place within our Department, as can be seen throughout this newsletter. The Department of Nursing has worked diligently on curriculum revision for the RN to BSN program to incorporate new Essentials requirements. The curriculum changes were approved June 2011 by the University and then by the NLNAC, with implementation beginning this fall. The changes include awarding 30 credits for nursing courses from Associate Degree programs; deletion of 4 courses; addition of the following courses: *Adaptation to Chronic Health Issues in the Community*, *Informatics & Technology*, and *Transformation of Healthcare through Nursing Leadership*. The BSN courses (31 credits) are all offered in a blended format, with two totally online. This academic year, the Department is working on revisions to the MSN program according to the AACN 2011 Essentials.

This fall semester has gotten off to a great start and we look forward to continuing to work with each of you. Our BSN and MSN programs continue to flourish, with our both programs seeing great growth. Remember, we offer two options in the MSN program, FNP and Nurse Educator.

We are pleased to offer you this newsletter and would like to hear from you. Please keep us updated on all your accomplishments so we can share them with other alumni. You can follow us on Facebook or email us through the nursing website. I would also like to take this opportunity to ask you to consider supporting MU Nursing via an Alumni Contribution. Contact Martha MacAdam, Director of Development, at Martha.MacAdam@millersville.edu or telephone 717-872-3820.

## 2011 Colloquium Presenters

**Cheryl Stephen**, Family Nurse Practitioner *The development of a TIA algorithm for diagnosis and treatment for CVA prevention*

**Cindy Zedeker**, Family Nurse Practitioner *Nurse practitioner management of pediatric migraine: A collaborative approach*

**Mary Ellen Francesceni**, Family Nurse Practitioner *A culturally competent approach to educating Bhutanese refugees about HPV and cervical cancer prevention*

**Cassandra Weber**, Family Nurse Practitioner *Gay, lesbian, and beyond: Diversity education for health care providers*

**Tina Norris**, Nursing Educator *Self-care management education type 2 diabetes: Overcoming barriers*

**Emily Weller**, Family Nurse Practitioner *A public view: An opinion survey on nurse practitioners in the primary care setting*

**Katie Kandrysawtz**, Family Nurse Practitioner *A pilot study investigating the effect of guided imagery and progressive relaxation as an anxiolytic for patients undergoing bone marrow aspiration*

**Stacy Wenzel**, Family Nurse Practitioner *Assessment of risk factors for renal disease*

**Jeannie Stephen**, Family Nurse Practitioner *Preventative education for women at risk for cardiovascular disease (CVD)*

**Tom Wagner**, Family Nurse Practitioner *Needs analysis of pre hospital 12 lead ECG in Schuylkill County*

**Kim Wilson**, Family Nurse Practitioner *Is there a role for the family nurse practitioner in the perioperative setting?*

**Jaenell Ditsious**, Family Nurse Practitioner *Community education project on skin cancer*

**Allana Scaramastra**, Family Nurse Practitioner *Vitamin C for post-operative atrial*

*fibrillation prophylaxis: And integrative review*

**Kari Kinard**, Family Nurse Practitioner *Family, health, and food: A glimpse at life in The Gambia*

**Jessica Myers**, Family Nurse Practitioner *The role of the nurse practitioner in developing a child safety program for community churches*

**Jeanine Bucek**, Family Nurse Practitioner *Medical tourism: Dangerous scam or viable patient option?*



## Welcome! New Faculty and Staff to the Department of Nursing

**Ms. Susan Hopkins, RN, MSN, JD:** Susan has joined the faculty in a part-time status. She started at MU this Fall semester with tremendous support from the Nursing Department faculty and staff. Currently she is teaching NURS 501 which has a large class size of 35 graduate students; it is a challenging and exciting experience to encourage a passion for nursing theories! Currently Susan works at Penn State Milton Hershey Medical Center in the capacity of Care Coordinator. As both an RN and an attorney, she is particularly interested in nursing-legal issues and elder law. Her nursing background includes an MSN in psychiatric/mental health nursing, and her legal background centers on medical malpractice defense.



**Ms. Melissa Williams:** We are pleased to bring on a permanent secretary to the Department of Nursing. Melissa lives in Palmyra and has two beautiful daughters.



The Department of Nursing was a very fortunate recipient of a gift from Lancaster Regional Medical Center to support students within the program to advance their studies through research, access to improved equipment, scholarships and expanded resource materials. This philanthropy greatly enhances the programs of Millersville University enabling the University to fulfill its mission of providing education opportunities second to none.

### Faculty Highlights

**Dr. Kelly Kuhns:** Finished her PhD May 2011 with a successful defense of her dissertation entitled "Nursing Faculty Members' Use of Web 2.0 Technology and Perceptions of Importance of Online Faculty Presence." Dr. Kuhns will be presenting her findings at the NLN Technology Conference in November 2011. She was also appointed as NLN Ambassador. Dr. Kuhns presented a "great idea" podium presentation at the Sloan-C International Conference in Online Learning in Orlando, Florida in November 2010. This presentation focused on incorporating Web 2.0 tools into blended and online courses. She has done several other Web 2.0 related presentations for various organizations, including the Maryland College Health Association and Villanova University College of Nursing. Dr. Kuhns was elected to PA State Nurses Association Board of Directors as well as serving as president of District 15.

**Dr. Zimmerman:** Published *Preceptors: Valuing our Partners* in the 2010 issue of *NASN School Nurse*. Leadership Activities National Association of School Nurses (NASN) Special Interest Group (SIG) Consortium of School Nurse Educators elected Chair-Elect and assisted in leading national meeting June 2011, in Washington D.C.

### Department News

#### New BSN Cohort at VA Medical Center

Millersville University, Department of Nursing, and the Veterans Affairs Medical Center, Coatesville, PA reached an agreement for a new site location for the BSN program. In the Fall 2011 semester, MU DON started a new cohort of students at the Coatesville VA Medical Center. Students from the VA and from surrounding facilities are participating in this new endeavor.

#### HRSA Award

The Department of Nursing was awarded a HRSA Nurse Traineeship for our MSN students from U.S. Department of Health and Human Services, Health Resources & Services Administration in Bureau of Health Professions. This traineeship will help MSN-FNP students support their academic goal.

#### Department Approval

This summer, the MU DON was approved as a provider of nursing continuing education by the PA State Nurses Association. The Department hopes to offer more continuing education events to help our alumni and other local colleagues obtain their required 30 hours of continuing education. If you have ideas about potential continuing education topics and/or speakers, please forward them to Dr. Kuhns at [Kelly.kuhns@millersville.edu](mailto:Kelly.kuhns@millersville.edu)

# Thank you!

Dr. C. Virginia Palmer retired from the Department after 25 years. She served and chaired many committees over the years for the department, school, and University. Dr. Palmer created the MSN program with the three options, and developed the Millersville University Nursing Center. The MU Council of Trustees granted Faculty Emeritus status in recognition of her outstanding and dedicated service to the University. We thank her for her outstanding contributions to the Department and wish her well in her professional endeavors!



### Congratulations MSN Class of 2011!!



### 2011-2012 Awards and Scholarships

Lt. Col. JoAnn Cashman Endowment– Alan Malmer

Luelle Hamilton Award– Lisa Leitzell

D. Joan Godfrey Nursing Award Pins for Academic Achievement  
Kimberly D. Wilson- MSN, Tina Norris- FNP, John Modene– BSN

Antone Fontes Allied Health Professions Reference Book– Tami Groves

Forty et Eight Award– Jessica Watts, Sara Tucker, Kelly Runkle

Margaret Shank Award– Josie Campbell, Stephanie Kulp, Justin T. Smith

Liselotte R. Wehrheim Award– Sezuquandeski Harvey

#### Xi Chi Awards

Carol Y. Phillips Undergraduate Award- John Modene

C. Virginia Palmer Graduate Award– Mary Ellen Francescani