All Courses Take Place at

WARE CENTER: 42 N. Prince St. Lancaster, PA 17603
**Astronomy**

**COURSE DETAILS**
Day of the Week: Wednesday  
Class Time: 10:00 a.m. - 12:00 p.m.  
Dates of Class: March 28, April 4, 11, 18, 25 – Ware Center  
# of Classes: 5  
Price: $120.00

**COURSE DESCRIPTION**
Participants will explore the night sky and identify many of those shimmering points of light. They will also gaze at those points with a large collegiate telescope. Distances and speeds necessary to reach our planetary and stellar neighbors will be discussed. Participants will also explore asterisms, constellations, the solar system, galaxies, and the universe using sky charts, smart phone apps, and computer software to project the night sky.

**COURSE INSTRUCTOR**
GERALD WILSON is an amateur astronomer who has taught and organized astronomy outings with students and adult groups in Lancaster County for several years. He is a graduate of Elizabethtown College.

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**Using Your Device To Access Social Media**

**COURSE DETAILS**
Day of the Week: Monday  
Class Time: 11:00 am - 12:00 p.m.  
Dates of Class: March 26, April 2, 9, 16, 23, 30 - Ware Center  
# of Classes: 6  
Price: $72.00

**COURSE DESCRIPTION**
This course will give participants a hands-on experience in operating several mobile operating systems to access many social media platforms including Facebook, LinkedIn, and Twitter. Participants will be required to bring their personal mobile devices to class.

**COURSE INSTRUCTOR**
BRANDON GROVE has four years of extensive training with every operating system through his employment with AT&T.
Creative Writing Is For Everyone

COURSE DETAILS
Day of the Week: Wednesday
Class Time: 10:00 a.m. - 12:00 p.m.
Dates of Class: March 28, April 4, 11, 18, 25, May 2 - Ware Center
# of Classes: 6
Price: $144.00

COURSE DESCRIPTION
Creative Writing is for Everyone begins with your willingness to literally pour your heart out onto the page, letting the words flow as you express ideas without any interference from the mind’s judgment. Participants will share work with each other as they strive to support each other with honest and positive feedback. They will be asked to stretch themselves into new arenas where they can more readily unearth their creative potential. The class promises to be fun, adventurous, and exciting.

COURSE INSTRUCTOR
DON KELLER has a BA in Creative Writing from California State University, Long Beach and has taught numerous classes at HACC and Millersville University's Ware Center. His first book is a non-fiction piece entitled The Gift of Stress ~ Life is Urging Us to Choose Love. The stressful moment’s ‘gift’ is discovering its underlying issue, fear, which can only be healed through Love. Don recently finished The Master’s Prayer ~ God is Love ~ A New Beginning, a deeply spiritual collection of four volumes based on The Master Tale, a fictional account of a young seeker in ancient times receiving an incredible inspiration that becomes a revelatory work passed down from Masters to aspiring students.

Meditation – Finding The Stillness Within

COURSE DETAILS
Day of the Week: Wednesday
Class Time: 1:00 p.m. - 2:30 p.m.
Dates of Class: March 28, April 4, 11, 18 - Ware Center
# of Classes: 4
Price: $72.00

COURSE DESCRIPTION
Meditation is the natural process of going within, allowing the mind and body to quiet down, and experience the stillness and silence that is the true basis of our being. In this class, participants will come to understand the process of meditation both intellectually and experientially. You will be encouraged to practice at home what is being taught in class.

COURSE INSTRUCTOR
DON KELLER is a writer, editor, and teacher who learned to meditate in the early 70's, became a meditation teacher, and has instructed hundreds of people in the practice of meditation. Don says, "I have found meditation to be one of the most beautiful and powerfully transformative tools I have ever encountered. Just a simple procedure practiced regularly can have an amazing impact on all aspects of one's life."
Nature Journaling

COURSE DETAILS
Day of the Week: Monday
Class Time: 10:00 a.m. - 12:00 p.m.
Dates of Class: March 26, April 2, 9, 16 - Ware Center
# of Classes: 4
Price: $96.00

COURSE DESCRIPTION
In this class you will learn how to keep your own nature journal. Nature Journaling makes you a better observer, naturalist, and artist, and opens a world of beauty and discovery. You will apply nature journaling practice through observation, writing, sketching, and painting or photography to see more in the environment. Participants will practice in indoor and outdoor locations near the Ware Center, such as Linear Park, the Central Market House, the Wolf Museum Garden, Demuth Garden, and the North Museum. Class locations will vary depending on the weather. Whether you are new to journaling or have practiced for a long time, you will gain new insights from this opportunity to meet others interested in journaling.

COURSE INSTRUCTOR
DR. CAROL WELSH, a retired professor from Millersville University, has studied nature journaling with John Muir Laws, Claire Leslie Walker, and Jonathan Alderfer, and has studied botanical illustration at Longwood Gardens. She has developed 4-Color Analysis; a simple practice for journaling which she has shared world-wide. She is a certified Master Naturalist and is enrolled in the Mount Cuba Native Ecological Gardening Certification Program and at PCAD in the social media certification program. In 2014 Carol began design work on a series of Nature Journaling Workshops on Sunday afternoons at Lancaster County Conservancy sites and a Saturday series at the North Museum, open to all ages.

Spanish I

COURSE DETAILS
Day of the Week: Wednesday
Class Time: 10:00 a.m. - 11:00 a.m.
Dates of Class: March 28, April 4, 11, 18, 25, May 2- Ware Center
# of Classes: 6
Price: $72.00

COURSE DESCRIPTION
This course will provide many opportunities to practice speaking basic Spanish with the instructor and with partners in the class through question and answer sessions, reading scripts, and using hands on materials such as flashcards. Participants will also have an option to use music and games to increase and maintain Spanish speaking skills.

COURSE INSTRUCTOR
REBECCA DIEFENDERFER taught Spanish 1, Spanish 2, and Exploratory Spanish to Middle and High School students. She currently teaches Spanish to Preschool through fourth grades, plus sixth and eighth grades, at Lititz Christian School. Rebecca earned a Master’s degree through the Spanish program at Millersville University in 2015 and she spent a year abroad in Malaga, Spain.
A Critical History of Journalism: Real News, Fake News and Tweets

COURSE DETAILS
Day of the Week: Thursday
Class Time: 10:00 a.m. - 12:00 p.m.
Dates of Class: March 29, April 5, 12, 19, 26, May 3- Ware Center
# of Classes: 6
Price: $144.00

COURSE DESCRIPTION
This course encourages students to engage in critical thinking as they consider the inventions, events, and people that have shaped and influenced American journalism. From colonial times to the Internet. We'll consider the impact of technical, economic, political, and cultural developments as we examine what “freedom of the press” and “the truth” have meant in American society from the Age of Jefferson to the Age of President Trump.

COURSE INSTRUCTOR
MARK KELLEY, Ph.D. lives in Lancaster, Pa with his wife, Marty. After more than 25 years as a professional journalist (beginning in Harrisburg, Pa and concluding as main anchor for WNDU-TV in South Bend, IN in 2000), he earned his Ph.D. from the Newhouse School at Syracuse University, taught at Goshen College (Goshen, IN), Syracuse University, the University of Maine-Orono, and served as Director of Journalism at the New England School of Communications in Bangor, Maine through 2014. He has a lifelong commitment to enhancing media literacy in a mass-mediated world.

Beginner’s Chess

COURSE DETAILS
Day of the Week: Thursday
Class Time: 10:00 am – 11:30 am
Dates of Class: March 29, April 5, 12, 19, 26, May 3, 10, 17- Ware Center
# of Classes: 8
Price: $144.00

COURSE DESCRIPTION
Join the largest chess organization in central PA to learn how to play chess in a noncompetitive, fun atmosphere tailored to an individual’s ability and pace. No experience or equipment is needed to participate in our hands-on lessons. After an overview of the basic rules, students will learn how to develop the opening, the middle game, and the end game, using time-tested exercises to simplify the game into isolated strategies that can be learned in a brief period of time. Opportunities for private lessons will be given. Plenty of playing time will be available. This chess class is instructed by two United States Chess Federation instructors in order to provide the maximum hands-on individualized learning experience.

COURSE INSTRUCTORS
MARK WOOD, the owner of Wood Chess services of Lancaster, is a retired gifted educator with 30 years of teaching and chess experience. He has certifications in school administration, elementary education, and middle level mathematics, with a Master’s degree from Villanova University and doctoral work in gifted education from Widener. Mark is an Educator 500 Award winner, a PA Keystone Technology Educator, a gifted education author and public speaker, and one of twenty certified National Chess Coaches in the United States.

JOSEPH WEBER is a lifetime USCF member for 45 years who has played in over 200 tournaments and won numerous national awards. Joe was the head chess coach at the Conestoga Valley High School in Lancaster County for seven years. He is certified as a Scholastic Coach and Club Tournament Director for USCF. He currently instructs advanced students.
Genealogy

COURSE DETAILS
Day of the Week: Thursday
Class Time: 10:00 a.m. - 12:00 p.m.
Dates of Class: March 29, April 5, 12, 19, 26 - Ware Center
# of Classes: 5
Price: $120.00

COURSE DESCRIPTION
This class will teach students how to use various sources to research their family’s history. The participants will be presented with tools and procedures to discover their ancestor lineage. In addition, students will learn how their DNA can help them trace their ancestors and how to access that information from commercial sources.

COURSE INSTRUCTOR
GERALD WILSON is an experienced genealogy practitioner who explores numerous resources to document family history. Mr. Wilson has presented this course to various audiences for the past ten years and emphasizes the newest online sources, as well as traditional methods of genealogy research. In order to fully experience the lessons, each student must bring a notebook computer, a tablet, or some other internet device.

Feldenkrais – Move with Greater Ease: Lessons with the Feldenkrais Method

COURSE DETAILS
Day of the Week: Wednesday
Class Time: 10:00 - 11:00 a.m.
Dates of Class: March 28, April 4, 11, 18, 25, May 2 - Ware Center
# of Classes: 6
Price: $72.00

COURSE DESCRIPTION
The Feldenkrais Method is a type of exercise therapy devised by Moshé Feldenkrais that reorganizes connections between the brain and body so as to improve body movement and psychological state. Using slow, guided movement lessons, students will learn about themselves and how to move with greater ease and efficiency in their daily living and activity choices. As students lie on the floor or sit in chairs (whichever is more comfortable), your Practitioner will guide you through slow exploratory movements that will help you create new movement patterns and move with greater ease and efficiency.

ADDITIONAL INFORMATION:
Please note that this course requires engagement with a hard wood floor or to sit in a chair. Students are encouraged to bring their own towels and floor mats.

COURSE INSTRUCTOR
JOYCE STORCH MAKANSI is a Guild Certified Feldenkrais Practitioner with four years of training and testing and also holds a Bachelor’s Degree in Psychology and Dance.
Reading the Great Epic: *The Song of El Cid (el Cantar de Mío Cid)* in English

**COURSE DETAILS**
Day of the Week: Wednesday
Class Time: 10:00 a.m. - 12:00 p.m.
Dates of Class: March 28, April 4, 11, 18, 25, May 2 - Ware Center
# of Classes: 6
Price: $144.00

**COURSE DESCRIPTION**

The traditional epic, *The Song of the Cid (el Cantar de Mío Cid)*, tells how Rodrigo Díaz de Vivar, el Cid went from being a minor nobleman/warrior to the great Medieval hero of Spain. It also shows us the birth of fictional narrative in modern languages (today’s novels), and how such long tales went from songs or poems recited and repeated by itinerant jongleurs, oral “literature”, to fiction written in prose. We will also discuss what historical and societal changes forced the switch from oral to written fiction, and the common use of modern languages such as Spanish, English, and French rather than “classical” languages such as Latin, Greek, Hebrew, and Arabic in writing.

Although all that sounds very formidable and formal, the tale is very exciting and human, a wonderful story that we can all easily relate to. Don’t miss the chance to read this wonderful tale and be able to discuss it with a group of open-minded people who are also reading it. You will be required to read some 30 pages per week to aid our discussion.

**COURSE INSTRUCTOR**

**ANA BORGER-GRECO** holds a Ph.D. from the University of Pennsylvania with a specialization in Medieval Spanish Literature. She has taught at the University of Wisconsin-Milwaukee, the University of Pennsylvania, Franklin and Marshall College, and for the last 28 years, at Millersville University. She has taught a graduate seminar on the same subject three times – but she knows this course is NOT a graduate course, but a non-credit adult-learner course. It will be her second course taught in the MLLI program.

**ADDITIONAL INFORMATION:**

Class participants will be required to buy and read the book, *The Poem of the Cid*.

All students must buy the Penguin edition of the *The Poem of the Cid*. Because the students in this course are not necessarily “students of literature,” it is important that everyone have the same edition and the same translation so that we can all easily refer to any portion of the text as a class.

Class in English they must buy:

Reading The Great Epic: The Song of El Cid (el Cantar de Mío Cid) in Spanish

COURSE DETAILS
Day of the Week: Wednesday
Class Time: 1:00pm - 3:00 p.m.
Dates of Class: March 28, April 4, 11, 18, 25, May 2 - Ware Center
# of Classes: 6
Price: $144.00

COURSE DESCRIPTION
The traditional epic, The Song of the Cid (el Cantar de Mío Cid), tells how Rodrigo Díaz de Vivar, el Cid, went from being a minor nobleman/warrior to the great Medieval hero of Spain. It also shows us the birth of fictional narrative in modern languages (today's novels), and how such long tales went from songs or poems recited and repeated by itinerant jongleurs, oral "literature", to fiction written in prose. We will also discuss what historical and societal changes forced the switch from oral to written fiction, and the common use of modern languages such as Spanish, English, and French rather than "classical" languages such as Latin, Greek, Hebrew, and Arabic in writing.

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Class in Spanish they must buy:
The Poem of the Cid: A Bilingual Edition with Parallel Text. Trans. Rita Hamilton and Janet Perry (Penguin, London: 1975), ISBN 0-14-044446-7, which is readily available on Amazon or other on-line sources, and go to the site https://www.guao.org/sites/default/files/biblioteca/Poema%20de%20M%C3%ADo%20Cid.pdf to get the modernized Spanish Pedro Salinas version of the poem (free). If they’d like to have the book form instead, they could also buy Poema de Mío Cid: Versión de Pedro Salinas (Alianza, Madrid: 1995), ISBN : 9788420631509; in that case I would suggest not leaving the purchases till the very last moment, because some sellers are sending from abroad.
CLASS IS FULL!

SPECIAL SPRING RATE
Mah-Jongg

COURSE DETAILS
Day of the Week: Wednesday
Class Time: 1:00 p.m. - 3:00 p.m.
Dates of Class: April 18, 25, May 2, 9, 16 - Ware Center
# of Classes: 5
Price: $40.00
SEATS ARE LIMITED TO FIRST 12 REGISTERED!

COURSE DESCRIPTION
Mah-Jongg is an ancient Chinese tile game that is increasing in popularity throughout the United States, similar to the Western card game, Rummy. This course is designed to familiarize participants with the history of Mah-Jongg and to teach the rules and strategies of the American form. Official standard hands and rules of the National Mah-Jongg League, Inc. will be taught by instructors. Course will include lecture, discussion, and game play. Class fee will include 2017 National Mah-Jongg League, Inc. playing cards and handouts. Enroll in this course and learn to play this cognitively stimulating and challenging game full of skill, strategy and chance!

ADDITIONAL INFORMATION:
Please note the special pricing of $40.00 per person for this course. This course has limited space available for the first registered 12 students only.

COURSE INSTRUCTOR

GEORGE MATHEW is well-known in the local Mah-Jongg scene. A retired banker, business owner, salesmen and resident of Lancaster for the past 48 years, he is an active member and past President of Lancaster Penn Square Rotary Club, and served as a board member and President of American Lung Association of Lancaster County and also as the county representative to American Lung Association of Pennsylvania. George is also very much committed to Mah-Jongg and wishes to promote and teach this fun classic game.