What You May/May Not Know About Ebola

A hot topic in the United States lately has been Ebola virus and the fear that comes with this disease. The director of the CDC has stated that the country is prepared to control this disease so that it does not spread across our country. Since Ebola is not something many people have been familiar with, there are a lot of things that we do not understand or are confused about. Here are some things we should know:

- Ebola virus is the cause of a viral hemorrhagic fever disease.
- Symptoms of this disease may include vomiting, stomach pain, fever, weakness, headaches, etc. You can experience these symptoms anywhere from 2–21 days after exposure.
- Ebola cannot be contracted through the air like the flu, instead through direct contact with blood or bodily fluids.
- A person with Ebola is not contagious until they experience symptoms.
- You cannot get this disease through water or food.

Don’t freak out over Ebola, just knowing the facts is the first step to keeping the United States healthy and aware.

Source: www.cdc.gov

Trivia Question

Q: What business did Ben & Jerry’s consider going into before the ice cream business?

Source: mental_floss.com/article/32118/45-amazing-facts-national-trivia-day

A: In Next Week’s Issue of Stall Talk!

Last Week’s Answer: Elmo

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By the Numbers

Less than half (48%) of all adults meet the 2008 Physical Activity Guidelines.

Learn more at:

www.millersville.edu/chep/socialnorms

Ville After Dark

Friday, Nov. 7
SMCtivities 7–11 p.m., SMC

Saturday, Nov. 8
MOVIE: The Purge 9:30 p.m. and Midnight, Club de Ville

Saturday, Nov. 14
MOVIE: 21 Jump Street 7 p.m., Myer’s Auditorium
MOVIE: 22 Jump Street 9:30 p.m. and Midnight, Myer’s Auditorium

Saturday, Nov 15
UAB: Slam Poet
Neil Hilborn
8 p.m., SMC MPR

Find more at:

www.millersville.edu/cheplives.php

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Visit millersville.edu/chep/choices.php

Visit millersville.edu/chep/socialnorms

Contact us:

www.millersville.edu/chep/promotion

See the most common STDs:

www.millersville.edu/chep/promotion

Send us your questions:

chep@millersville.edu

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UPDATE

"Twenty years from now you will be more disappointed by the things you didn’t do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." ~Mark Twain

Meet the Peer Educators:

Student Spotlight

CHANDLER JONES

Psychology major

“I think my peers should be well-informed on the issues that surround us in our everyday lives. Being a peer educator allows me to reach my generation in a interpersonal way to connect them to the resources, and help them stay up to date on important life issues.”