



# Qhayiya Nogoduka

**High school:** Collegiate Girls High School

**Hometown:** Port Elizabeth, South Africa

**Majors:** B.S. Psychology

**Activities:** Varsity Field Hockey Team, Research Assistant for Dr. Shaun Cook in the Psychology Department

**Internships:** Girls on the Run Spring Semester Intern and Coach

**Post-grad plans:** Continue my studies at Millersville in the Masters of Science in Clinical Psychology Program.



"I am pleased to add my voice to the many who will laud the accomplishments of Qhayiya Nogoduka as she concludes her remarkable academic and athletic careers at Millersville University. "Q" has been an eager classroom participant and she raised the bar for everyone in the room with her insightful and courageous commentary. In the corridors of Luek Hall, she was an engaged and supportive peer, recognized and respected by those she helped. Our student-athletes manage schedules and responsibilities that go unseen by their classroom peers and many professors, but Q - a star member of Millersville Field Hockey - navigated these with quiet grace and determination. She afforded herself no excuses in the classroom and, my good friend, Coach Behrens, told me she was the same way on the pitch. I have had many opportunities to advise her through her challenges and, as her graduation day approaches, I can only hope that we at Millersville have lived up to all the expectations she had four years ago when she left her home 8000 miles behind to join our community. I'm glad she did. It has been an honor to know her and support her educational and athletic aspirations."

*-Dr. Shawn P. Gallagher  
Professor, Ph.D Behavioral Neuroscience*

## Why Millersville?

It has been a childhood dream of mine to study in the USA. In 2019 I was fortunate enough to take part in the Millersville Super Sixty camp, where I got the opportunity to meet Coach Shelly. We've maintained communication since then. She has eased my fears and anxiety of being in a foreign country. It has become clear to me that Millersville is an institution that cares for its students and tries to achieve a balance between sports and academics. This made Millersville University a compelling choice for me - a home away from home.

## Are you where you thought you'd be when you first came to campus?

Not at all!

## Who helped you get to where you are now?

My parents, boyfriend, coaches, faculty, teammates, and friends along the way.

## What surprised you?

How much I was exposed to throughout my schooling years.

**Peak experience?**

Talking and bringing awareness to the hub on a live broadcast in the Summer of 2021.

**What will you miss the most?**

Nothing! I'm coming back!

**Which one(s) of the EPPiIC values of Millersville do you most identify with? Or which of the values do you think best describes your time here at Millersville?**

Exploration

**Advice for the Class of 2027?**

Use the resources and opportunities offered to you, you never know what can come out of it.

