### Program Description

Please provide a brief description of the program to include purpose and student learning outcomes for the program.

In April of 2014, the Pennsylvania Interscholastic Athletic Association (PIAA) created a new requirement that all coaches at a PIAA Member School need to complete several educational requirements in order to remain a coach in the Commonwealth of Pennsylvania. The four required educational components include a course in: Concussion Training; Sudden Cardiac Arrest; Coaching Principles; and Sport First Aid. In addition, the PIAA also recommends that coaches take courses related to (for example): Strength and Conditioning; Teaching Sport Skills; Heat Acclimation/Heat Illness Prevention; Teaching and Modeling Behavior.

The purpose of this 9-credit, fully-online Letter of Completion in Coaching Education is for post-baccalaureate students to satisfy all of the courses required by the PIAA and the program will provide students the opportunity to complete several of the recommended courses. This Letter of Completion in Coaching Education will serve as a stand-alone program for any interested students with a bachelor’s degree from an accredited four-year college or university. The undergraduate degree need not be in a Sports Management-related field.

All of the courses that will be offered in this Letter of Completition program are elective courses within the M.Ed. in Sports Management: Athletic Coaching program offered at Millersville University. The M.Ed. in Sports Management requires that students, who want to graduate with an Athletic Coaching degree, take 9 credits of electives. Therefore, this Letter of Completion program can be earned by both PIAA Coaches from around Pennsylvania and the student’s currently enrolled in the M.Ed. in Sports Management program.
PROGRAM REQUIREMENTS

Please list the requirements of the program to include course numbers, titles, descriptions, and credits. If a minor, indicate which courses are advanced standing as it is not always inherent in course numbers.

The Letter of Completion program in Coaching Education: Existing Course Inclusions

The Letter of completion in Coaching Education is a 9-credit program wherein students will be required to take 2 courses (6 credits) and will choose one more course (3 credits) from the list of electives below.

Required Courses (6 credits)
WSSD 551 Coaching of Sport (3)
Designed to develop the major area of knowledge pertinent to the profession of coaching. The American Sport Education Program (ASEP), dealing with sport philosophy, sport psychology, sport pedagogy, sport physiology, sport first aid and sport management, will be presented. Students may take the certification exam.

WSSD 618 Athletic Injury Prevention and Management (3)
The basic principles of sports medicine. Emphasis on injury prevention, management and rehabilitation. Current topics and methods in athletic training are also discussed.

Elective Courses (3 credits)
WSSD 581 Analyzing Performance in Sport (3)
Provides a clear understanding of factors to be considered when analyzing human movement pertaining to sport and athletic competition.

WSSD 582 Sport Psychology (3)
Focuses on the latest psychological skills training techniques for both coaches and athletes. The latest techniques in neurolinguistic programming and its implications for coaches and athletes will be utilized. Students will be introduced to and learn the latest mental-training techniques of Olympic and professional athletes.

WSSD 617 Sport Conditioning (3)
The physiological principles underlying the process of physical conditioning. The student will also learn how to apply these principles to individuals training for sport and physical fitness.

WSSD 621 Nutrition for Exercise and Sport (3)
Complete study of nutrition and its effects upon exercise and sport.