I AM FROM...

Take 10 - 15 minutes to write down where you are from. Be sure to include the information listed below and begin each sentence with “I am from.”

- Familiar sights, smells, sounds of your home or neighborhood
- Familiar foods, especially those associated with family gatherings or other special occasions
- Familiar sayings, often heard when growing up
- Familiar people (ancestors, family members, friends) who have been important to your past

Helpful example:
I am from...Catching lady bugs on a summer evening with my little sister.
I am from...The smell of pumpkin pie on Thanksgiving Day.

Read out loud to your mentor or mentee!