Journey Time Line: Activity 2 of 3

Reflecting and Sharing Your Journey Time Line:

This exercise can be divided over two meetings; one session can be used to focus on the mentee’s time line and another session can be used to focus on the mentor’s time line.

- Discuss the influential individuals in your life; who would you consider to be mentors (informally or formally)?

- At what point along your journey did they come into your life?

- What were those experiences like?

- What wisdom have you gained from each of your mentors?

- Did you know at the time that these influential people were your mentors?

- What did you learn about being a mentee?

- How will these past experiences with a mentor help you prepare for a new mentoring relationship?