Journey Time Line: Activity 3 of 3

Using Life Experiences to Guide Your Mentoring Partnership

This exercise can be divided over two meetings; one session can be used to focus on the mentee’s time line and another session can be used to focus on the mentor’s time line.

- What have you learned from mistakes you have made?

- What have you learned from your successes?

- What have you learned from the obstacles you have faced?

- What dilemmas do you face on a daily basis?

- What are lessons you have learned from those dilemmas?

- How do you think these experiences will influence being a mentor or a mentee?