The Arc of Lancaster County  
(now including Lebanon County!)  
All the ways we work to empower and connect you!

INDIVIDUAL AND FAMILY ADVOCACY AND SUPPORT  
Individual, Educational & Systems Advocacy and Support for people with intellectual and  
developmental disabilities (I/DD) and their families (by phone or attendance at meetings) to make sure  
their voice is heard and their concerns are addressed at an individual, local or statewide setting.

FAMILY INFORMATION SESSIONS *  
Trainings held each month. Speakers on topics related to disability issues such as Funding,  
Guardianship, ABLE Accounts, Special Needs Trusts, Waiver 101, etc.

PATHways  
A program that works with families during pivotal transition times, helping to think through and plan  
for upcoming life needs and work through what is needed to get to the next point in life. We will work  
with families to help identify concerns, hopes and fears; guiding to a plan and goal for moving forward.

Self-Advocate Activities (for adults with disabilities and their friends)  
Achieve: time to connect with peers. Email if you wish to be notified of meetings.  
info@thearcoflancasterco.org.

Relationships Training  
Talk about getting along with the people in your life like your friends, boss, coworkers, boyfriend or  
girlfriend; and learn about healthy relationships and safe boundaries. Contact The Arc to be notified of  
upcoming events.

SIBTalk*  
A fun gathering for kids ages 8 to 12 who have a sibling with a disability where they can meet others  
who have a brother/sister with a disability. Includes discussions, snacks, games and activities. Pre-  
registration is required.

TRAININGS  
We are available to come to your school, business, place of worship, or agency to talk about issues  
related to disabilities. Contact us for a menu of training topics.

disABILITY ACCEPTANCE TRAINING  
A presentation given for schools, Scouts, and businesses to help participants achieve a greater  
understanding and acceptance of their peers with disabilities. Our trained personnel present  
information showing all have value. This training can be modified for assembly programs.

Bowling! Rocky Springs Entertainment Center  
The Arc and Rocky Springs (1495 Millport, Rd. Lancaster) have teamed up for a fun time every  
Wednesday 6 to 7:30 p.m. Wheelchair Accessible. No RSVP needed. www.rockysprings.net

ARC ANGEL  
Connecting community givers with people who need Christmas presents in collaboration with Lancaster  
County Behavioral Health and Developmental Services.

BEST BUDDIES *  
Fosters one-to-one friendships between adults with Intellectual and Developmental Disabilities and  
college students at either Millersville University or Elizabethtown College. Best Buddies provides  
opportunity for those with I/DD to be involved in campus and community life.

*See The Arc’s website for more information.
The Arc of Lancaster County
Become a member today!

Your support and membership enables us to provide advocacy, community education, information and referral services for Lancaster County residents with intellectual and developmental disabilities and their families.

Your membership comes with the following benefits:
1. Advocacy, support, and referral for issues and concerns.
2. Program registration fees waived (if applicable)
3. Newsletter from The Arc of Lancaster County highlighting current issues and events
4. Membership with The Arc of PA and The Arc US
   www.thearcpa.org and www.thearc.org
5. Your voice represented at a local and state level
6. Bowl for $1 game at Rocky Springs Family Entertainment

Ways to support The Arc of Lancaster County:
1. Become a member.
2. Make a donation.
3. Place clothing items in Community Aid bins sponsored by The Arc. See our website for Arc sponsored locations.
4. Place a Community Aid bin at your location for The Arc of Lancaster County and keep your donations local!
5. Get a swipe card to use at Knight & Day or Park City Diners and a 10% donation will be made to us with each use. Contact The Arc for a free card.
6. Ask your employer to consider The Arc for their Community support.

ACHIEVE WITH US - BECOME A MEMBER and SUPPORTER TODAY

To become a member of The Arc, complete the membership application form and return it with your check to: The Arc of Lancaster County, 630 Janet Avenue, Lancaster PA 17601.

Or on-line via PayPal at our website at www.thearcoflancasterco.org

Name(s): __________________________________________
______________________________
Address: __________________________________________
______________________________
Phone: ____________________________
Email: ____________________________
Employer: ____________________________

☐ New member

Membership Level
☐ $25 Individual/Family
☐ $100 Silver VIP
☐ $250 Gold VIP
☐ $500 Platinum VIP

Thank You!

☐ Please accept this gift of $ _______