MAPPING EMPLOYMENT SUPPORTS

Write your employment goal in the center of the star. List ideas for supports and strategies to make your goal possible in each of the categories.

- **Technology**
  - How can technology help me achieve my goal?

- **Personal Strengths & Assets**
  - What are my assets and strengths that will help me achieve my goal?

- **Relationships**
  - Who are the people in my life and how can they help me reach my goal?

- **Community Based**
  - What community assets can I use to help achieve my goal?

- **Eligibility Specific**
  - What kind of eligibility supports could I access and how will they help me reach my goal?

Access the LifeCourse framework and tools at lifecoursetools.com
Employment Trajectory Worksheet

**Past Life Experiences**
LIST past life experiences and events that support your employment vision.

**Future Life Experiences**
LIST current/future life experiences that continue supporting your employment vision.

**FUTURE LIFE EXPERIENCES**
LIST life experiences to avoid because they push you toward things you don’t want.

**What I DON’T Want**
LIST what you DON’T want in your OVERALL life...
LIST the things you don’t want in EMPLOYMENT...

**VISION for a GOOD LIFE**
LIST what you want your OVERALL “good life” to look like...
LIST what you want for your “good life” EMPLOYMENT vision...

**Conditions:**

**Preferences:**

**Support Needs:**