

Lack of Strings Leads to Fulbright

A lack of string players, specifically violists in Greece, was the impetus for a Millersville University faculty member applying for a Fulbright Scholar Grant. The J. William Fulbright Foreign Scholarship Board agreed and Dr. Madeleine Darmiento, music, will be spending October 1, 2009 – January 15, 2010, at the University of Macedonia, Thessaloniki, as a Fulbright Scholar.

Recipients of Fulbright awards are selected on the basis of academic or professional achievement, as well as demonstrated leadership potential in their fields. An assistant professor of violin/viola and chair of the string department at Millersville, Darmiento's work in Greece will be "Enhancing String Education: Advocacy for Viola Performance in Greece."

"The idea germinated in 2006 when I was involved in the Aegean Verdi Festival on the island of Lesbos in Greece," said Darmiento. "There are very few string players in that country and not much classical music. In fact, they don't have any violists on the faculty at the University of Macedonia."

While in Greece, Darmiento will be in residence as a specialist in



Dr. Madeleine Darmiento

viola performance, collaborating with faculty in solo and chamber music recitals, giving private instruction, coaching student ensembles and offering performance master classes. The University of Macedonia is one of the few institutions in Greece that offers formal degrees in classical music study.

"In addition, I plan to represent Millersville at fairs across the country and introduce potential students and faculty to Millersville University," said Darmiento.

Darmiento attended the New England Conservatory and has her doctorate in viola from State University of New York at Stony Brook. Her bachelor's degree is from Yale.

"Although there are traditionally few Fulbright awards offered in music performance, the very nature of the art seems to be the ethos of the Fulbright experience," wrote Darmiento in her Fulbright proposal. "For me, the most exciting aspect of being awarded a Fulbright would be the opportunity to perform internationally in Greece in collaboration with Greek artists."

Darmiento is one of approximately 1,100 U.S. faculty and professionals who will travel abroad through the Fulbright U.S. Scholar Program. The Fulbright Program, America's flagship international educational exchange program, is sponsored by the United States Department of State, Bureau of Educational and Cultural Affairs.

Two faculty members from the School of Education received Fulbright Scholarships for the 2008-09 school year, Dr. Barbara Stengel and Mara Rekis Anderson.

Millersville Receives \$10,820 Grant

Millersville University has received a \$10,820 grant from the Pennsylvania Liquor Control Board.

Millersville's strategies to tackle underage and high-risk drinking include the following activities: data collection through completion of the American College Health Association National Collegiate Health Assessment, delivery of the CHOICES Program to all incoming students, social norms campaign implementation, enforcement activities and E-CHUG assessment.

"Millersville's Wellness Center engages students to make responsible and educated decisions on a variety of wellness-related issues—including alcohol. The grant expands the University's existing educational programming, enables

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Bremer's Sabbatical Was Not a Rest

The word sabbatical (from Latin sabbaticus, from Greek sabbatikos, from Hebrew shabbat, i.e., Sabbath, literally a "ceasing") is a rest from work, or a hiatus, often lasting from two months to a year.

Dr. Francis Bremer, history, was on sabbatical the spring 2009 semester, but while he may not have been teaching classes or going to committee meetings, he was working – on three books; five essays and articles; two major papers; one book review and three consulting assignments.

"Most of the time I was in the Lancaster area,"



Dr. Francis Bremer (rt) meeting with Professor John Morrill, the distinguished English scholar of the Tudor-Stuart period (who has previously co-taught Millersville courses).

said Bremer, "but I did spend some time in London and Cambridge conducting research for one of my books."

Bremer will bring the class, "Britain to 1688," alive for his students in spring 2010 with an assortment of photographs and stories from the research he conducted. "It's important for students to

understand how the geography of an area can impact history," said Bremer. "For example, with the colonization of New England the people had to deal with a lot of difficulties and differences from England. England, for

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Staff Activities

Dr. Ansar Ahmed, School of Humanities and Social Sciences, recently presented the paper, "Revisiting Corruption: An Analysis of Structural Pertinence in Control and Governance" at the 21st annual conference on socio-economics, Society for the Advancement of Socio-Economics, Paris, France, July 16-18.

Drs. Robert J. Bookmiller and **Kirsten Nakjavani Bookmiller**, government & political affairs, co-presented a paper entitled "Canada and the Human Security Network: RIP?" at 100 Years of Canadian Foreign Policy, 1909-2009, the annual conference of the British Association of Canadian Studies History Group held at the Canadian Embassy in London, U.K., on July 17.

Drs. Douglas Zander, Jose Aviles, and Nakia Mack, all from admissions, recently presented "Ensuring the Educational Benefits of Diversity" at the ACT-sponsored 24th Annual Enrollment Planners Conference in Chicago.

Congratulations to:

Dr. Nadine Garner, psychology, and **Dr. Jim Valle**, elementary and early childhood education (retired) on the birth of their daughter, Ruby Sky Garner-Valle, on July 8.

Adam Lawrence, government & political affairs, and his wife Amie, on the birth of their son, Anderson B. Lawrence, born on June 24.

Steve Roach, intercollegiate athletics, and Molly Muir (grad assistant in admissions), who were married June 20, in Blairsville, Pa.

Grant *continued from pg. 1*

surveying so that we can provide students with accurate information regarding alcohol consumption on campus and increases enforcement activities—all key to a comprehensive alcohol awareness program," said Jayme Trogus, Wellness and Women's Center Coordinator.

Cops On Bikes

The Millersville University Police Department (MUPD) recently received a \$3,000 grant from the Lancaster Bike Club to purchase two new patrol bicycles. Each bike costs approximately \$1,500, and they were purchased at the Lancaster Bike Shop.

Prior to receiving the grant, MUPD was only equipped with one outdated bicycle and uniform that were inadequate for patrol.

Officer Joshua Keller, who has been with MUPD since 2005, has already accumulated over 150 miles on one of the bikes purchased in May. In order to ride a police bicycle, officers must enroll in an International Police Mountain Bike Association course which teaches riders how to deal with riding through crowds, down steps and curbs, as well as how to use the bicycle as an offensive or defensive weapon.

According to Officer Keller, "there are a few other officers who are interested in riding; however, they need to finish their training course first. Hopefully we will acquire more bicycles because sharing can become a hassle



Officer Joshua Keller

due to differences in bicycle settings."

Bicycles that are specifically made for the police department are equipped with water bottles, a lighting system, an odometer, a bag, rear lighting and a bell. Since they are designed specifically for police use, the breaks and materials of the bicycle are heavier, and they do not make sounds when drifting.

The MUPD has timed

how long it takes for an emergency vehicle to drive from one side of campus to another, in comparison to a bicycle. An emergency vehicle takes three minutes to go across campus, whereas an officer on a bicycle can reach the other side of campus in two minutes and 55 seconds. Since a bicycle is not confined to the road, an officer on a bicycle can respond in a shorter amount of time.

On Sunday, August 16, the Lancaster Bicycle Club will hold its biggest fundraiser of the year—the annual covered bridge metric century which is a 100 km ride. Money raised through this and other fundraisers supports club activities, and the surplus is given away in grants.

OUR LIBRARY HOURS ARE CHANGING.

but you can still find us online
24 hours/day, 7 days/week

WWW.LIBRARY.MILLERSVILLE.EDU



Due to the current economic climate, Ganser Library will be making some changes for the 2009-10 academic year and winter session hours. Beginning September 1, library hours will be altered slightly in a way designed to have minimum impact on its patrons. Library hours during the semester will be cut six hours, and the winter session hours will be cut by 12 hours per week.

New library hours for fall and spring are:
Monday-Thursday, 8 a.m. - midnight
Friday, 8 a.m. - 7 p.m.
Saturday, 11 a.m. - 7 p.m.
Sunday, 1 p.m. - midnight

Although the building may not be open, many library materials can be accessed at www.library.millersville.edu. Questions or comments can be directed to Dr. Marjorie Warmkessel, interim library director, at ext. 3618 or marjorie.warmkessel@millersville.edu.

For Sale

Split-level home on Charlotte St., in Springdale Farms, with 4/5 bedrooms, 3 full baths, 2-car garage; half-acre yard. \$299,900. For information, please call: 872-5407 or 872-5078.

The Exchange is published for employees of Millersville University of Pennsylvania on the first and third Thursdays of the month. Send news to the Office of University Communications & Marketing, Duncan Alumni House; email: janet.kacskos@millersville.edu or call ext. 3586. Editor: Janet Kacskos; Graphic Designer: Diane Black '82. Student Writers: Melissa Leary and Alexandra Wachman. Student Photographers: Melissa Leary and Alexandra Wachman.

Current and past issues of the Exchange are available online at www.millersville.edu/~ucm/.

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Millersville University is an Equal Opportunity/
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3312c-0709

New Hall Of Fame Inductees

The Millersville University Athletic Hall of Fame has announced its 2009 class of inductees. Six former student-athletes will be recognized at an induction banquet Friday, Oct. 23 as part of Homecoming weekend.

The 15th annual class includes: Kelly

Roberts Brenninger '84, lacrosse and field hockey; William Davis '72, football; Chris Telfer Miles '87, field hockey, softball and tennis; Francis Presley '81, '89M, wrestling; William Strain '77, track and field and cross country and Lyman Weaver '50 (deceased), wrestling.



William Davis '72

"All six of the 2009 inductees were not only outstanding student-athletes at Millersville, but they are also quality citizens and have served as role models to present and future generations of students," said Peg Kauffman, athletics. "It is important that we continue to look back and recognize the achievements of our alumni. We are excited to honor each of these individuals."

All alumni and friends are invited to attend the banquet. Ticket prices are \$32 per person. Reservations are required. For more information, contact the alumni services office at ext. 3352.

Sabbatical *continued from page 1*

the most part, has 18 hours of sunlight in the summer and 18 hours of darkness in the winter. That doesn't happen in New England.

Also, the spring thaw comes later and crops have to be harvested earlier in New England – on top of soil differences and access to water. Speaking of England itself, some regions are much hillier than others, which impacted transportation and communication. Students today don't realize the obstacles that geography can pose."

The books Bremer completed on sabbatical include; *Puritanism: A Very Short Introduction* and *John Winthrop: Biography as History*. He also has a book in progress, *John Davenport: A Puritan's Progress in England, the Netherlands, and America*. The essays include; "New England Puritanism and the Ecumenical Background of Cotton Mather's *Biblia Americana*," "Puritans again: New insights from the writings of colonial New Englanders," "An Exemplary Life," "Cromwell's Ghost: the Legacy of England's Puritan Revolution in New England," and "John Winthrop." The major papers include "John Winthrop Jr. and Agawam," which was given as the keynote address for the 375th Anniversary Celebrations of



Groton Church and Groton Hall—the church and home of John Winthrop in England.

Ipswich, Massachusetts, and "From English Roots to American Democracy: Shaping Colonial New England Government," which will be the keynote address at Boston Charter Day 2009 in September. The book review Bremer completed was by James H. Hutson, *Church and State in America: The First Two Centuries*. The consulting included a manuscript review for University of Pennsylvania Press, a manuscript review for Massachusetts Historical Review. Also he consulted on, and was interviewed by, WGBH Public Television in Boston for the upcoming documentary, "God in America." And to make sure he got some teaching in, Bremer gave a summer seminar on "Making Sense of the Reformation," at Calvin College in Michigan during July.

Counseling Center Re-Accredited

Millersville University's counseling center was recently re-accredited by the International Association of Counseling Services (IACS). The IACS is the major accrediting body for college centers that ensures professional standards are followed.

There are a variety of professional standards that must be achieved in order to become an accredited counseling center, including but not limited to, standards in terms of confidentiality, education and licensing of counselors and types of services offered. ([video by Millersville student Jenn Seiler](#)).

According to Dr. Kelsey Backels, counseling and human development, "Receiving the accreditation means that our center successfully meets the professional standards of the IACS, and will continue to provide qualified psychological and alcohol and other drug (AOD) services for the Millersville campus community."

The University needs to be re-accredited every four years with an on-site evaluation

every eight years. Each year, the counseling center is required to send reports to the IACS for approval. These reports include: self-study questions about counseling center services such as types of support groups, outreach programs and research conducted by the center's faculty. In four years, an extensive report consisting of a 100-page questionnaire—similar to those administered in the years prior, will be completed and sent for approval. And in seven years, an on-site visit will be scheduled to ensure accurate information on reports and decide re-accreditation.

The University's counseling center offers three different types of counseling: individual counseling, group counseling and crisis counseling. There are five psychologists as well as an alcohol and drug specialist available for students. A consulting psychiatrist is available weekly to counsel students.

Phase 3 of Healthy U has Begun!

For those Millersville faculty and staff who take part in the Healthy U program, Phase 3 information sessions are coming up. Participants can learn how to earn the lowest health plan premium, as well as hear details on the new "points" system.

Chryst Hall, Room 109:

Thursday, August 6; 6 – 7 p.m.

Ganser Library, Room 36:

Tuesday, September 29; 10 – 11 a.m.

Tuesday, September 29; Noon – 1 p.m.

Wednesday, September 30; 2 – 3 p.m.

Thursday, October 1; 6 – 7 p.m.

Seating is limited; please contact the Office of Human Resources at ext. 3017 to reserve a seat. Spouses and domestic partners are also encouraged to attend.

Who Makes Millersville Special

This Exchange features Dr. Douglas Zander, director of admissions, who joined the University in 2002.

Q: What did you do previous to working at Millersville University?

A: I was the vice president of enrollment and campus life at Paul Smith's College, which is in a wilderness area in the Adirondack State Park in upstate New York. Prior to that I worked in various positions within higher education – mainly administrative, but I have taught occasionally.

Q: What do your duties as director of admissions include?

A: I help to plan undergraduate enrollment goals, and then I work with others to develop and implement strategies to meet those goals.

Q: What do you enjoy most about working with the staff and faculty?

A: I most enjoy getting to know the people who work here. I enjoy learning about them as individuals. I am fond of many staff and faculty, especially those in my department. I respect their strong work ethic and their passion for serving the needs of students.

Q: What do you enjoy most about working with the students?

A: The best part of working with students is learning about their interests and their backgrounds. By and large, people have very interesting stories to tell. I enjoy learning about the journey that brings students to us, and I enjoy finding out how they have been



Dr. Doug Zander

changed by their experience here.

Q: What is the most rewarding part of your job?

A: The students who attend Millersville University are very positive about the life-changing experiences and opportunities that have been offered to them here. It is very gratifying to serve as the connecting agent between those students and the University. ([view video](#))

Q: What is your fondest memory of Millersville?

A: There are many fond memories. One outstanding memory is being on hand at Biemesderfer when the news came in that Dr. McNairy had been named president of the University. It was very exciting to be among the first to congratulate her.

Q: What do you think is the hardest part of your job?

A: Giving disappointing news to applicants is really tough. My heart goes out to students who have high hopes of coming to Millersville University, and then they get a letter from me saying they have not been accepted.

Q: What does your daily routine usually consist of?

A: I usually arrive at my office a little after 7, which I do in order to get a good parking space. From that point onward, it really depends on the time of year and the projects that are underway. There really isn't a set routine.

Q: How do you get through the really tough days?

A: I've been at this a long time, so I am able to keep things in perspective. Keep moving forward, and keep a sense of humor. And if that doesn't work, I take out my frustrations on my co-workers!

Q: How do you keep up with so many

deadlines?

A: We work as a team, so we stay abreast of deadlines together. We also create our plan of attack together, and that helps keep things from being overwhelming. It is rarely up to me to get something accomplished; it is generally up to us. And I am surrounded by good people.

Q: How do you relax after work?

A: I take my dogs for a walk, and I go to the gym.

Q: Do you include your family and friends in Millersville University campus activities?

A: My family does not live close by – all the kids are grown and gone. And the dogs are really not well-behaved enough for most campus events.

Q: What are your hobbies?

A: I try to run almost every day. I also swim and work out at my local gym. I read a lot.

Q: What one object is essential to get you through the day?

A: Peace of mind is critical to me, and I actively seek ways to achieve that throughout the day.

Q: What philosophy, quote or anecdote do you live by?

A: "Our Father, who has set a restlessness in our hearts and made us all seekers after that which we can never fully understand, forbid us to be satisfied with what we make of life." Eleanor Roosevelt is reported to have used this in her daily devotion. It really resonates with me.

Q: What's your favorite season and why?

A: I really don't have a favorite, but I love to be outdoors.

Q: Name one person, dead or alive, that you would like to sit down and have dinner with.

A: My mother died of Alzheimer's disease a few years ago. For the last 10 years of her life, we really couldn't have a lucid conversation. So rather than sitting down with someone famous, I'd really enjoy sitting down with my mother and sharing all the things she missed, and asking all the questions about the family history that I didn't realize I had until it was too late.

Q: Finish in the blanks, "If I could go anywhere in the world it would be _____, and I would take _____, because _____."

A: I have always wanted to visit Beijing in order to see the Forbidden City and to visit the Great Wall. I have a great interest in and respect for Chinese civilization which I have studied for a long time. I would take my children and grandchildren with me, because I love to be with them.

Q: Is there anything you would like to mention that we didn't cover?

A: Hurrah for the Black and Gold. Go Marauders!

Travel Programs

Destinations

For more information call ext. 2308 or email: specialevents@millersville.edu

—Broadway Shows—

- Oct. 17 "West Side Story,"
- Nov. 14 "Jersey Boys" or "South Pacific"

Alumni & Friends

State System

Reservations/info available at ext. 3352. Or visit: www.alumnivacations.com, click on Millersville.

- Western Caribbean Cruise Jan. 10-17
- Punta Cana (Dominican Republic) Jan. 18-25
- South American Cruise Mar. 13-24
- Mediterranean Cruise Jun. 17-27