

**Millersville University's Semi-Annual School Counseling Conference:  
Sustaining, Growing, and Strengthening the School Counseling Profession**

<b>8:30AM-9:00AM – Welcome Reception – Lehr Room</b>	
<b>9:00AM – 9:10AM - Welcome from Dean Lara Willox, College of Education and Human Services, Lehr Room</b>	
<b>9:15AM – 10:00AM – Plenary Session, <i>To Sustain, To Grow, and To Strengthen: Conceptualizing the Profession Through Systemic Thinking</i>, Lehr Room</b>	
Jason Baker, Ph.D., LPC, Associate Professor of Psychology, Millersville University, School Counseling Core Faculty Member	
<b>10:10AM – 11:00AM – Breakouts #1 (5 sessions)</b>	<b><u>Undergraduate Session with PSCs-Gordinier MPR</u></b>
Dr. Mark Kiselica, <i>Establishing Rapport with Troubled Boys in School Settings</i> , <u>Lehr Room</u>	Beth Ruff (M.Ed., School Counselor, ASCA School Counselor of the Year Finalist, Powder Springs Elementary School)
Dr. Laura Martin – <i>Just Breathe: Alleviate Anxiety &amp; Prepare Children for Counseling Work</i> , <u>University/Kline Room</u>	Jorge Torres (M.Ed., School Counselor, ASCA School Counselor of the Year Finalist, Foster High School)
Tristan Zelinka – <i>Boot Camp on Google Sheets to Support Programming in School Counseling</i> , <u>Old Main Room</u>	Allison DeArment (M.Ed., School Counselor, Farmdale Elementary School)
Lisa Fulton- <i>Getting Started with the ASCA National Model</i> , <u>Matisse Room</u>	William Rosengrant (M.Ed., School Counselor, Donegal High School)
<b>11:10AM – 12:00PM – Breakouts #2 (5 sessions)</b>	<b><u>Undergraduate Session with PSCs-Gordinier MPR</u></b>
Dr. Richard ‘Joe’ Behun - <i>Counselor Negligence and Civil Liability: Avoiding Lawsuits by Practicing a Legal Standard of Care</i> , <u>Lehr Room</u>	Matthew Shervington-Jackson (M.Ed., ASCA School Counselor of the Year Finalist, Suquehannock High School)
Dr. Laura Martin – <i>Just Breathe: Alleviate Anxiety &amp; Prepare Children for Counseling Work</i> , <u>University/Kline Room</u>	Mary Sotomayor (M.Ed., School Counselor)
Dr. Jennifer Kirk, <i>Building School Counselor Communities of Collaboration</i> , <u>Old Main Room</u>	Greg Dietz (M.Ed., School Counselor, Hempfield High School)
Lisa Fulton – <i>Taking Your Comprehensive School Counseling Program to the Next Level</i> , <u>Matisse Room</u>	Rachel McGuinness (M.Ed., School Counselor, Denver Elementary)
<b>12:00PM -1:00-PM- Lunch, Lehr Dining Room</b>	

**1:00PM – 1:50PM – Breakouts #3**

Dr. Richard 'Joe' Behun -*Counselor Negligence and Civil Liability: Avoiding Lawsuits by Practicing a Legal Standard of Care*, Lehr Room

Dr. Julie Cerrito - *Luck is no Accident: How Planned Happenstance Impacts Career Decision-Making*, University/Kline Room

Dr. Mark Kiselica, *Establishing Rapport with Troubled Boys in School Settings*, Old Main Room

Dr. Jennifer Kirk, *A Bridge to Post-secondary: MTSS Approaches to Support the Whole Child*, Matisse Room

Dr. Jason Baker, *On Supervision: Infusing Theory and Practice into Site Supervision and Comprehensive Programs*, Gordinier MPR (downstairs)

**1:55PM 2:40PM – Plenary Session / Counselor Education Panel - Lehr Dining Room**

Moderator: Jason Baker, Ph.D., LPC, Associate Professor of Psychology, Millersville University

Richard 'Joe' Behun, Ph.D., LPC, NCC, ACS, Associate Professor of Psychology, Millersville University

Julie A. Cerrito, Ph.D., NCC, NCSC, ACS, Assistant Professor Department of Counseling and Human Services, Commonwealth University of Pennsylvania, Bloomsburg

Laura Martin, Ph.D., LPC, NCC, ACS, Associate Professor School Counseling Core Faculty, Liberty University

**2:45PM-3:25PM – Kathy Specht, Smart Futures**

**Presentations:**

Jason Baker (Associate Professor of Psychology, Millersville University, Ph.D., LPC)

***On Supervision: Infusing Theory and Practice into Site Supervision and Comprehensive Programs***

*Abstract: Have you supervised graduate students? Have you thought about it? Have you considered infusing regular supervision of school counselors into your comprehensive program? Come join an exciting and engaging presentation that will help attendees more broadly envision the role of the supervisor. Research demonstrates that clinical supervision is an important and effective, if underutilized, process for developing clinical skills, reflecting on the role of the counselor, and increasing overall effectiveness. This session will infuse the theory and practice of clinical supervision with practical tips, strategies, and case studies to help you become a better supervisor.*

Richard 'Joe' Behun (Associate Professor of Psychology, Millersville University, Ph.D., LPC, NCC, ACS) -

***Counselor Negligence and Civil Liability: Avoiding Lawsuits by Practicing a Legal Standard of Care***

*Abstract: Through an analysis of precedent case law, this session will examine the four major elements related to negligent conduct that professional school counselors need to consider in their day-to-day practice. Specific focus will be given to the legal standard of care required in professional school counselor-student relationships.*

Laura Martin (Associate Professor, School Counseling Core Faculty, Liberty University, Ph.D., LPC, NCC, ACS) -

***Just Breathe: Alleviate Anxiety & Prepare Children for Counseling Work***

*Abstract: Student anxiety is a complex issue that all school counselors encounter. This session will discuss a variety of ways counselors and parents can help children alleviate the physiological symptoms of anxiety while creating opportunities for healthy growth and development for all students.*

Julie Cerrito (Assistant Professor, School Counseling Program Coordinator, Bloomsburg University, Ph.D., NCC, NCSC, ACS) -

***Luck is no Accident: How Planned Happenstance impacts Career Decision-Making***

*Abstract: This session focuses on career planning as a series of career decisions at different developmental stages throughout life. Recognizing that careers are often influenced by unplanned events, counselors can capitalize on this unpredictability by using social learning theory and the concept of planned happenstance to help guide clients in making decisions which lead to career and life satisfaction.*

Mark Kiselica (Professor of Psychology, Director of the School of Behavioral Sciences and Education, Penn State Harrisburg, Ph.D., HSPP, NCC, LPC) –

***Establishing Rapport with Troubled Boys in School Settings***

*Abstract: Constricted notions of masculinity, weariness of school personnel (especially practitioners who have gender-based and ethnic and racial biases about boys and men from diverse backgrounds), and multi-problem environments can deter troubled males from seeking assistance with their mental health issues. The purpose of this workshop is to explore how school counselors can overcome these barriers by implementing multiculturally sensitive, empirically supported, and strength-based practices for establishing and maintaining rapport and achieving successful outcomes with boys.*

Lisa Fulton (School Counselor, ELCO High School, M.Ed., NCC) –

### ***Getting Started with the ASCA National Model***

*Abstract: Overwhelmed? Not sure where to start in implementing the ASCA National Model? This beginner session will provide you with a brief overview of the model and first steps for implementation. Participants will learn how to collect and use data to build your existing school counseling program.*

### ***Taking Your Comprehensive School Counseling Program to the Next Level***

*Abstract: This session is an advanced session for school counselors that are already implementing a comprehensive school counseling program and want to learn more about the ASCA National Model and RAMP. Learn how to use data to advocate for your program, including how to develop graphs to share with educational partners. You will also learn how to apply for the PA Diamond Award and RAMP.*

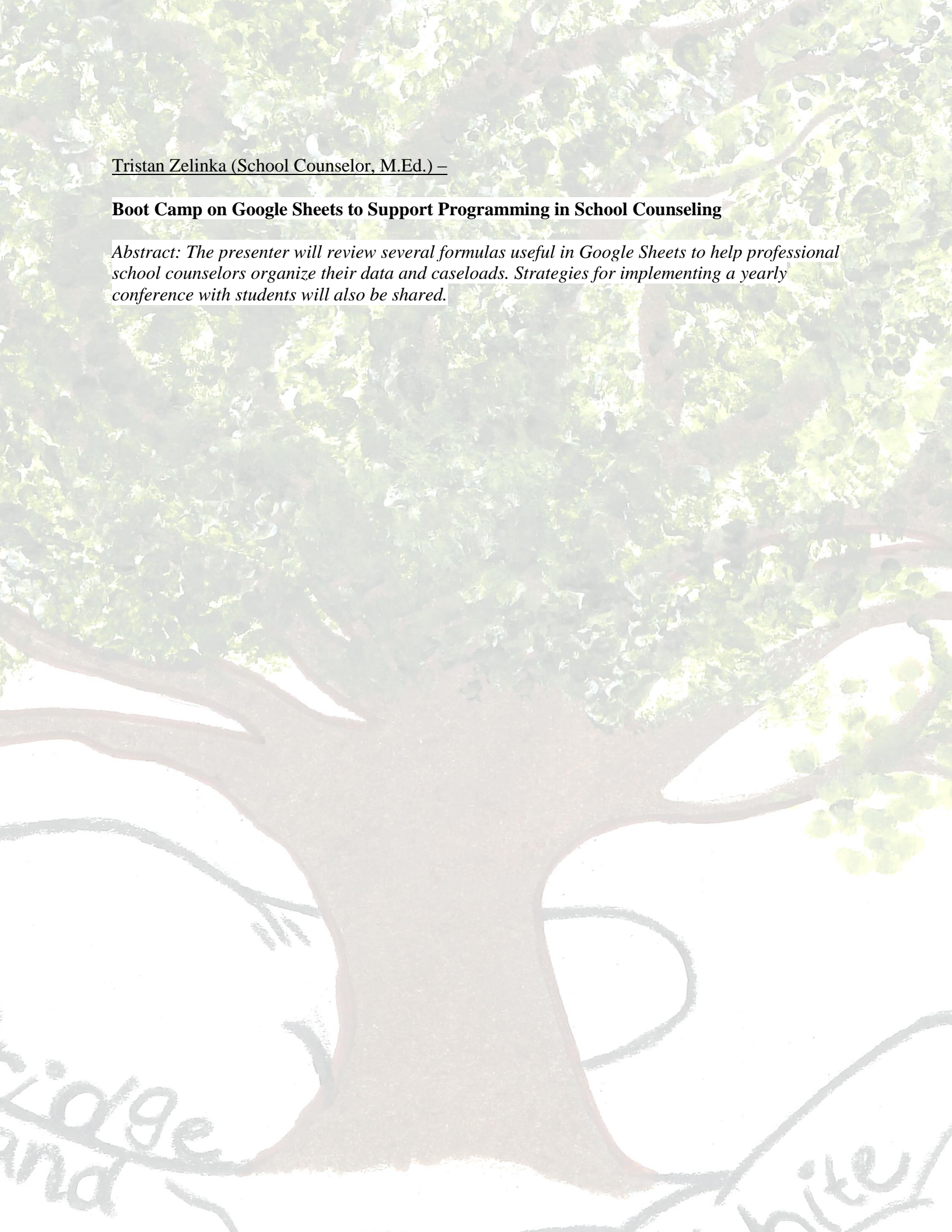
Jennifer Kirk (Ed.D., High School Counselor, Curriculum Leader, Upper St. Clair School District) –

### ***Building School Counselor Communities of Collaboration***

*Abstract: School counselors are uniquely positioned to support the whole child through the lens of academic, career and social/emotional comprehensive school counseling programs. School counselors are the special agents of education, incorporating their capacity for leadership, advocacy, and collaboration to promote systemic change. Join this session to learn about building a community of collaboration both within and outside of your school district highlighting expertise and efforts at working toward equitable student outcomes. Participants will leave with action plans and noted next steps to build a community of collaboration and ideas for improving programming to meet the needs of all students.*

### ***A Bridge to Post-secondary: MTSS Approaches to Support the Whole Child***

*Abstract: An MTSS framework endeavors to meet the needs of all students. It allows for comprehensive school counseling programs to work from a platform of equity and access. And, when implemented with fidelity, an MTSS framework, utilizing tiered interventions, creates a culture to ensure equity, access, and success in postsecondary outcomes. This work takes place in PK-12, and school counselors bear the responsibility to guide students as they move toward becoming college, career, and life ready. Engage in a conversation including data, programming examples and workshop time to continue the work of supporting all students as they work toward post-secondary success.*



Tristan Zelinka (School Counselor, M.Ed.) –

**Boot Camp on Google Sheets to Support Programming in School Counseling**

*Abstract: The presenter will review several formulas useful in Google Sheets to help professional school counselors organize their data and caseloads. Strategies for implementing a yearly conference with students will also be shared.*