



THE HONORS REPORT

NOVEMBER 2023

CONTENTS

PAGE (S)

Upcoming Dates	2
Homecoming Recap	3
Student Highlight	4
Professor Highlight	5
Librarian Profile	6
Millersville Trivia!	7
The Body Project	8

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Millersville University
UNIVERSITY COLLEGE

UPCOMING DATES

November 11

Open House - SMC

9am - 11:30 am

November 16

Fall Graduate Luncheon

12 pm

November 19

Holiday Party - South Great Room

7 pm

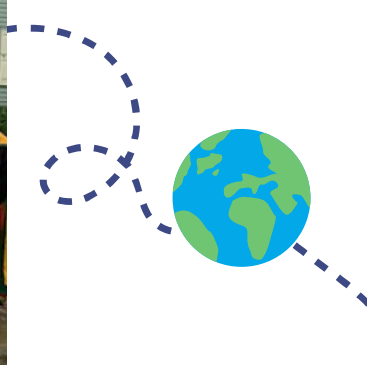
We hope you all had a fun fun-filled Halloween month! In this edition of the Honors Report, we are recapping our annual Homecoming Weekend. Also in this month's edition we have a Student and Professor highlight, and will be introducing a Librarian profile. To help you get to know the Honors College and MU a bit better, we will be including some fun trivia and facts! Lastly, there's an opportunity to make a positive impact with the Body Project here on campus. We hope you enjoy!



HOMECOMING RECAP

By Mandi Laudenslager

Homecoming at Millersville is a very special time. This tradition has been happening since 1933! This year, MU celebrated the 90th Annual Homecoming celebration. The Honors College was lucky enough to take part in the event and walk in the parade! Our students created posters and came out to celebrate our theme “Travel the World.” Here are a few pictures from the exciting day!



STUDENT HIGHLIGHT

By Karina Hossain



Tatum Dolan

Q: What is your major and why did you pick Millersville?

I'm a sophomore! I'm also a Biology major with a pre-med concentration! I loved the welcoming atmosphere that I encountered. People here at Millersville made me feel like I was a part of something. Also, I loved all of the opportunities Millersville offers for research, mentorship, internships, and classes.

Q: What do you love about your major?

I like the concrete aspect of it. I feel that science is factually based and I can abide by a set of rules to get the answers to my questions. Also, when doing research, I enjoy knowing that I am making a difference and adding to our collective understanding.

Q: Favorite thing about the honors college?

Easy. Early registration and cool merch!

Q: What are some of your interests and what are you involved in on campus?

I'm the secretary for the Pre-Health Club, a mentor for the Biology Mentorship Program, a writer for the Honor's Report, and I perform with the Expressions Dance Team!

Q: Do you have any advice for freshman in the Honors College?

Definitely go to office hours! I know a lot of people may say this, but it's so useful; professors really like getting to know their students. Also, I would say to join different clubs or organizations that you're interested in.

Q: What is your favorite book and/ or movie?

Book: The Inheritance Games by Jennifer Lynn Barnes.

Movie: Every single Harry Potter movie!



PROFESSOR HIGHLIGHT

By Bronte A Spidaliere



Dr. Maxwell

Q: Tell us a little about yourself.

I was born in Bermuda, went to school in the United States and the United Kingdom, and I studied history. I have a PHD in Caribbean Studies History.

Q: When did you come to Millersville and how long have you been teaching here?

I came in August 2005, so I've been here for 18 years.

Q: What is your educational history?

I went to school in Saint Leo College in Florida, I graduated 3 years later in English Studies. Afterwards, I studied International Studies as a second Bachelor at the University of Keele in Staffordshire, England, hoping to pursue International Law. Then, I completed a Master's Degree in Historical Research in the medieval city of Hull, England. Next, I pursued a PHD in Caribbean Studies at the University of Warwick in Coventry, England. Following my PHD, in 1998, I started working at the National Museum of Bermuda as a registrar and director of historical research, exploring and examining on the many ship wrecks in the area. I held this position for five years until moving to Millersville and becoming an assistant professor of Latin American and Caribbean History.

Q: Favorite thing about your department?

My favorite thing is their concern for students; they provide excellent mentorship in this student-focused program.

Q: What are some of your hobbies and interests outside professing?

I enjoy reading history books.

Q: Any advice to the students in the Honors College?

Read and experience, make everything relevant; everything you study will be relevant so fully immerse yourself in your studies and being in the universities and all the opportunities that are available to you.



LIBRARIAN PROFILE

By Mandi Laudenslager



Did you know the McNairy Library has a librarian for every department? For this librarian profile, we are introducing the subject librarian for History. Frank Vitale is a University Archivist and Special Collections Librarian! Get to know him and the department better in this profile introduction:

Q: What's your favorite thing about working at the library?

Working closely with students on their research projects, whether in class sessions or one-on-one consultations. Helping students find a new angle or source to use when approaching their research.

Q: Why did you become a librarian?

I enjoy supporting people in their research and learning, especially when it comes to working with archival and special collections materials! Every day brings new opportunities for me to learn while supporting the growth of others.

Q: Current research interests?

Archival instruction and outreach, the digital humanities, and the history of Native American education in Pennsylvania.

Q: What's your favorite book?

The Plague by Albert Camus

Q: Do you have any interesting hobbies?

Swing dancing.

Q: Favorite Quote?

"The happiest circumstances are close to home"

Q: Where would you like to travel?

Portugal, the Mediterranean, the British Isles, and/or anywhere hosting a Formula One Gran Prix!



MILLERSVILLE TRIVIA!

By Tatum Dolan

Millersville University is a school filled with rich history and culture. The Honors College is sharing just a few trivia and facts that you might not have known about the campus! How many did you get right? (answers at the bottom!)

Q1: When was Millersville University founded?

Q2: What was the original name of Millersville University?

Q3: What was the original names of the Millersville University swans?

Q4: What nursery rhyme was written by a former Millersville State Normal School principal?

Q5: What does Dr. Wubah have a Ph.D. in?

Q6: How many acres is the Millersville University campus?

Q7: Millersville yearbooks were once referred to as what?

Answers: 1. 1855 2. Lancaster Country Normal School 3. Fred and Ethel 4. Row, Row, Row Your Boat 5. Botany 6. 250 acres 7. The Wickersham



THE BODY PROJECT

By Karina Hossain



@thebodyproject_mu

The Body Project is a program at Millersville that is aimed at helping students feel better about their bodies. Research shows that participating in the Body Project can improve body satisfaction and mood, as well as decrease individuals' use of unhealthy weight-control behaviors.

The Body Project involves two 2.5-hour group sessions (one week apart).

We encourage anyone who experiences pressures to meet the appearance ideal standard for women to attend this FREE program! We will also check in with participants periodically after the program via voluntary online surveys to gather information about their experiences.

THE BODY PROJECT

AT MILLERSVILLE UNIVERSITY

THE BODY IMAGE REVOLUTION

CONFRONT UNREALISTIC BEAUTY IDEALS AND DEVELOP A
HEALTHY BODY IMAGE BY JOINING THE BODY PROJECT!

WHAT IS IT?


TWO FREE 2.5-HOUR WORKSHOPS
RUN BY TRAINED FACILITATORS
USING EVIDENCE-BASED TECHNIQUES

WHO IS IT FOR?

MILLERSVILLE STUDENTS

SCAN THE QR CODE FOR MORE INFORMATION
OR TO COMPLETE AN INTEREST FORM!
COMPLETING THE FORM DOES NOT COMMIT YOU TO PARTICIPATING.

PLEASE CONTACT DR. RACHEL MACINTYRE
(RACHEL.MACINTYRE@MILLERSVILLE.EDU) WITH ANY QUESTIONS!



bit.ly/BodyProject_MU

