How to Be an Active Bystander

Here are 5 easy steps to remember:
1. Notice the event
2. Interpret the event as a problem
3. Assume you are the only one that will help
4. Know how to help
   a. Make a safe choice (don’t put yourself at risk — get professional help)
   b. Look for exit strategies (bathroom break, etc.)
   c. Be clear and direct with requests
5. Step in and help

REMEMBER: It’s On Us! to speak up and say something in order to keep our community safe! What would you want someone to do for you?

Source: “Principles of the Step UP! Program”

Trivia Question

Q: What uses the most water in households?