Upcoming Campus Events:

Wellness Wednesdays:

- **Gonorrhea and Chlamydia testing**, vol. 4, p. 11
- **Spring 2020**
- **Volume 4**
- **Black People Did It First**
- **Feb. 11; SMC 118; 12 p.m.**
- **Peer Educator Information Sessions**
- **Feb. 14; Throughout the Campus; 11 a.m.–1 p.m.**
- **Choices Outreach**
- **Feb. 14; Throughout the Campus; 11 a.m.–1 p.m.**
- **Ecstasy Outreach**
- **Feb. 14; University Store; 11 a.m.–1 p.m.**

**Information Table:**

- **Peer Educator Information Sessions**
  - Feb. 11; SMC 118; 12 p.m.

**Upcoming Campus Events:**

- **Black People Did It First**
  - Feb. 10; SMC 24; 7–9 p.m.
- **NAACP Movie Night**
  - Feb. 14; SMC 24; 5–9 p.m.
- **Love Yourself Self Care**
  - Feb. 14; Robert Slabinski Atrium; 8–11 p.m.

**Wellness Wednesdays:**

Stall Talk

*Did you know that the Center for Health Education and Promotion has a Wellness Advocate. Come to the Cumberland House and ask for Danny!*

**catch it quickly**

**MIND your Health**

**Addiction Support Group**

Every Thursday at 3 p.m. on the third floor of Lyle Hall.

**Free Massage Chair Services at Health Services.**

Must schedule an appointment.

**PET THERAPY** offered every Tuesday from 10 a.m. to 12 p.m. on the third floor of Lyle Hall.

**Identifying Healthy Relationships**

A healthy relationship is built when the following behaviors are present:

- Trust
- Safety
- Kindness
- Equality
- Responsibility
- Respect
- Fun
- Healthy
- Conflict

**Sources:** https://www.johnsonstate.org/sgos/healthy-relationship/

**Trivia Question**

Q: How many historically black colleges are there in the United States?

A: In the next edition of Stall Talk

**LAST EDITION**

Q: Can men get osteoporosis?

A: Osteoporosis is a disease that causes the skeleton to weaken and the bones to break. It poses a significant threat to millions of men in the United States. Despite these compelling figures, surveys suggest that a majority of American men new osteoporosis solely as a “woman’s disease.”

**Sources:** https://www.bones.nih.gov/health-info/bone/osteoporosis/men

**Stall Talk by the Numbers**

328

The percentage of Millersville Students who report having anxiety within the last 12 months, affecting their academic performance.

**Source:** Millersville University Spring 2018 American Health Association National College Health Assessment II

**University Activities Board**

- **Monday, Feb. 10**
  - Poster Sale
  - 11 a.m.–5 p.m.; SMC MPR
- **Tuesday, Feb. 11**
  - Poster Sale
  - 11 a.m.–5 p.m.; SMC MPR
- **Thursday, Feb. 13**
  - Valentine’s Day Flowers
  - 12 p.m.–2 p.m.; SMC Atrium

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**Health Services Testing Fees:**

Gonorrhea, Chlamydia, HIV and Syphilis: $40

Gonorrhea and Chlamydia: $15

HIV and Syphilis: $25

HIV: $15

Syphilis: $10

**Health Services**

Monday thru Thursday, 9 a.m.–5 p.m.

Friday, 8 a.m.–4 p.m.

By appointment only, call 871-5250.

Health Services offers 4 different STI tests through the Center for Disease Detection. In addition to Gonorrhea and Chlamydia testing, we are now submitting labs for Syphilis and HIV.

Call for an appointment and pricing.

Free student flu shots still available!

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**CONTACT US**

Looking to read past editions of Stall Talk?

Find them on our website: www.millersville.edu/che

Email us: che@millersville.edu – Call: 717-871-4410

Twitter: @ILoveChepeers

Instagram: peereducate

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**Sports**

**Entry Deadline**

**Sport Leagues**

Pucillo Gym

Women’s Lax vs. Chestnut Hill

Biemesderfer — Chryst Field

Pucillo Gym

USAC Spring Tournament (Fencing Club)

Biemesderfer

SMC – Madison Court

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**INTERESTED IN SERVING AS A PEER EDUCATOR?**

**Starting Fall 2020**

**Peer Educator Information Sessions**

**Learn More About the Position**

FEBRUARY 11, 2020

12:00P.M IN SMC 118

**Twitter:** @millersville_che

**Facebook:** Millersville University

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**爱情你自己**

**Self Care**

**Black People Did It First**

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