



Workshops are presented by Eckert Art Gallery in conjunction with *Sustainable Studios*, an exhibition exploring the ways that artists and concerned citizens can pursue solutions towards climate resiliency in their studio practices and daily lives. This exhibition and workshop series is supported by the Millersville University Positive Energy Fund.

THURSDAY FEBRUARY 2

***Mushroom Foam Workshop with Nichole van Beek***

Common Hour 12:05 – 1:10 p.m. Room 209, Breidenstine Hall

In this workshop you'll be given a sample of living mushroom foam to pack into a mold, and we'll discuss growing and drying the form, keeping a workspace sterile, and the mysteries of mushrooms. Open to approximately 20 students. Sign-up sheet available in the Art & Design Office.

Artist website: <http://www.nicholevanbeek.com/>

THURSDAY FEBRUARY 2

***Nichole Van Beek Artist Talk & Opening Reception***

5 p.m. Biemesderfer Hall, Winter Visual and Performing Arts Center

This talk will be about her work to create a sustainable studio practice. She makes paintings and sculptures and teaches at West Virginia University in Morgantown, WV. Join us after the artist talk (6 – 7 p.m.) in the Eckert Art Gallery for opening reception with light refreshments *Free and open to the public, no tickets required.*

TUESDAY FEBRUARY 14

***Ink Making with Foraged Materials Workshop with Sam Sanders***

4:00 – 5:30 p.m. Painting Studio, Breidenstine Hall

Participants will be introduced to the basic process of creating bio-based ink, storing to prevent mold, and using ink in studio. Open to approximately 15 students. Sign-up sheet will be available in the Art & Design Office.

Artist website: <https://www.samanthalsanders.com/>

MONDAY(S) FEBRUARY 27, MARCH 13 & 27

***Monday Evening Mending with Sarah Ulrich***

4:30 – 5:30 p.m. Room 209, Breidenstine Hall

Mending your clothing is a great and easy way we can make a big environmental impact. Keep your clothes out of the landfill and learn to repair and reinforce worn areas in jeans, sleeves, jackets using colorful stitching and patches. Kick-start your mending practice! We will review hand sewing techniques like knotting, running stitch and back stitch. Bring in your favorite well worn garment and we will supply all of the guidance and fabric scraps your heart desires. Attend one or more sessions. Sign-up sheet will be available in the Art & Design Office.

Artist website: <https://www.handworkhouse.com/>

FRIDAY APRIL 14

***Hourglass Quilt Design Workshop with Jill Good***

1 – 4 p.m. Painting Studio, Breidenstine Hall

Participants will learn about the traditional Hourglass Quilt pattern and then be invited to create a unique variation on this theme in an original paper collage made from repurposed materials. Open to approximately 20 students. Sign-up sheet will be available in the Art & Design Office.

APRIL – Visit Date TBD

***Studio Visits with Silas McDonough***

Individual critique/conversations, ideal for students in advanced classes or independent study. Email [heidi.leitzke@millersville.edu](mailto:heidi.leitzke@millersville.edu) for more details and to request a 20-minute individual studio visit or crit conversations with Silas.

Artist website: <http://silasmcdonough.com/>

---

Events are free to Millersville University Students. Registration Required.

Sign-up sheets will be posted in the Art & Design Main Office one week prior to event (unless otherwise noted.)

**If you are not an MU student, but are interested in participating, please contact Heidi Leitzke, Eckert Art Gallery Director.**

CONTACT Heidi Leitzke with any questions: [heidi.leitzke@millersville.edu](mailto:heidi.leitzke@millersville.edu)