VOL. XXXIV

THE HONORS REPORT

OCTOBER 2019



Hello readers!

We wish you a happy autumn! Enjoy the October edition of the Honors Report!

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UPCOMING EVENTS CALENDAR

Fall Break Oct. 12th - Oct. 15th TAPS available Oct. 14th See Academic Advisor for Spring Registration TAP # Oct. 14th – Nov. 4th **Homecoming Parade** Oct. 26th Registration Ice Cream Social - South Village 4th FI C/D Oct. 28th Study Lounge @ 7:00pm Thesis Day Q & A (for students currently working on thesis) Oct. 31st - Franklin House 1st Fl Conference Room @ 12:00pm Thesis Workshop (2nd year students) - Room 200 Luek Hall Oct. 31st @ 4:00pm Nov. 2nd Baltimore Inner Harbor Bus Trip Nov. 6th Priority Registration for Honors College Students @ 6:00am Nov. 24th Fall Honors College Recognition Banguet - Lehr Dining Hall @ 1:00pm Nov. 27th – Dec. 1st Thanksgiving Break Dec. 10 – Dec. 14th

Dr. Thyrum's Office Hours

Monday: 11:00-11:45am; 200 Franklin House

and 1:10-2:40pm; 120 Luek Hall

Tuesday: 1:00–2:00 pm; Franklin House

Finals Week

Wednesday: 10:00–11:45am; Franklin House Friday: 11:00am–12:00pm; Franklin House

or by appointment OR any other time I'm around



UPCOMING EVENTS

HOMECOMING PARADE (10/26)

Would you like to earn a prize for dressing up in your Halloween costume and having fun with your friends? Of course you would! Luckily for you, the Homecoming Parade is coming up soon! Before the parade on October 26th, participants will meet at 6:45am for breakfast in Franklin House. The parade is an essential part of the Honors College freshman experience, so all freshmen are required to participate.



Homecoming 2017

This year's theme is *A Halloween Monster Mash*, so make sure to dress in the Halloween spirit. Remember that this is a family-friendly event, so please wear an appropriate costume (nothing you wouldn't want your grandma to see you in). Aim for spooky! If you lack the imagination for a costume, then we have your back. Below is a list of easy, cost-effective costumes. You can also just wear orange and black attire instead. No matter what you wear, please keep in mind that we will be walking in a two-mile-long parade, so comfy shoes are heavily recommended.

It is important to remember that what you put into your costume is what you get out of it; the prizes will not go to the *okayest* costume. Our event coordinators, Elyse Clay and Madison Whitcomb, are organizing the Honors College float. They have worked very hard to ensure that we have a good spot in the lineup, so check your email for further information from them. Should you have any additional questions, feel free to email them. We hope you will all be there to help represent the Honors College. Happy Spooky Season!

Spookspiration:

Vampire, Werewolf, Frankenstein, Clown, Ghost, Zombie, etc.

Witch

Skeleton

Your GPA

Smarty Pants (Do you have candy Smarties? Tape them to your pants and you're done!)

Crazy Cat Lady

Boxer

Cat Burglar

Scarecrow

Tourist

For more information, contact:

Elyse Clay: enclay@millersville.edu

Madison Whitcomb: mnwhitcomb@millersville.edu

UPCOMING EVENTS

HONORS COLLEGE BUS TRIP TO BALTIMORE! (11/2)

The Honors College is happy to announce this year's fall bus trip to Baltimore on November 2nd. A coach bus will take students from the Student Memorial Center to Inner Harbor. The coach will be in front of the SMC at 8:00am and will depart from MU promptly at 8:30am for Baltimore. We will provide a light snack on the bus, which will take us directly to the National Aquarium. Each student who attends will be given a ticket to the aquarium. Everyone who attends the trip must visit the aquarium, but will have free time to explore Baltimore afterwards. The bus will pick us up at the same location at 4:50pm with a prompt departure time of 5:15pm.

To sign up, students will need to go to Franklin House to sign a waiver and place a \$22 deposit. Two dollars will be given to the bus driver as a tip and the remaining twenty dollars will be returned to the students on the bus before arriving at Baltimore. Please remember that all students who sign up are required to attend (except in a case of emergency).



Image retrieved from Baltimore.org

UPCOMING EVENTS

REGISTRATION- EVENTS & RELATED INFORMATION

Ice Cream Social (10/28)

Registration (11/6)

Happy Registration Season to All! On November 6th at 6:00am, honors students will be able to register for classes for the Spring 2020 semester. The spring schedule should be released on October 2nd. Students can also register for winter semester classes at this time. This schedule can be found in MAX under Student Services > Registration > Web Search for Classes. There are many great resources available for students when planning their next semester and beyond such as the degree audit and the schedule builder tool. Students must also meet with one of their advisors to receive their TAP number, which must be entered into MAX in order to start registering for courses. Dr. Thyrum and Peer Mentor Michael Skros will be available to meet with students and help them create their spring schedules and four-year plans.

On October 28th at 7:00pm, the Honors College will host a Registration Ice Cream Social. Visit the 4th Floor study lounge of South C & D for ice cream and to voice any questions or concerns you may have about scheduling with Dr. Thyrum and Michael Skros. Dr. Thyrum will also have TAP numbers available. We hope to see you there!

GENERAL ANNOUNCEMENTS



Franklin House

Come visit Franklin House! The home of the Honors College sits between Adams House and Hash Hall on North George Street, right across the street from the Library. Franklin House is open for all honors students to study, work together, or even just to hang out from 8:00am to 12:00pm and from 1:00pm to 4:30pm, Monday through Friday. Franklin House is also open until 8:00pm every Tuesday; these extended hours are specially designated for students to study or to get help with their honors coursework from upperclassmen. Dr. Thyrum also has office hours upstairs for answering any questions or concerns that you may have. You are welcome to use the computers and printers on the first floor for free. There's a microwave on the second floor for anyone's use. The refrigerator in the first floor lounge is stocked with drinks and snacks as well, so help yourself! We encourage all honors students to use Franklin House, so don't hesitate to come on in!



PASSHE STUDY ABROAD

Stay tuned for a Study Abroad session in early November! This is a great opportunity to learn about the PASSHE Honors Study Abroad trip from Kristen Hart, a student who went on last year's trip to Poland. Plan to come to this session if you are interested in applying for the Summer 2020 PASSHE honors trip. To apply, students must have completed 30 credits at MU and have at least one more semester left at MU; students' academic records, current standing in the Honors College, documented completion of service, and submitted essays expressing interest in the program are also considered. All of these will be reviewed by Dr. Thyrum and the Honors College Curriculum Committee. Two students will be chosen to represent Millersville University on the trip, which is paid for by MU.

WELCOME, BETH!



Hi! My name is Beth Roberts. I'm
the new Administrative
Assistant for the Honors
College. I am super excited to be
a part of Millersville's Honors
College. I have been
overwhelmed by the warm
welcome, with many of you
stopping in during my first week
just to say "hi!"

I am not new to MU. Some of you may recognize me from the Biology Department. I have been working as Biology Department secretary for almost eight years. I loved working there, but felt it was time for a change. But I had one stipulation—wherever I went on campus, I wanted to have interaction with the students. I love connecting with the students here on campus.

My husband and I will be celebrating 25 years of marriage in October by traveling to Colorado. We live right here in Crossgates and enjoy running, camping, hiking, and the Redskins!! (Sorry, Eagles fans!) Running a 5K in every state is our goal as a couple. We will be running in our 20th state, on October 13th, when we participate in the Run the Rocks 5K in Morrison, CO. We are also very active in our church and are even in the early stages of planting our own church.

We have two children. Emily is 24, married, and lives in Red Lion, PA. She and her husband, Alex, have two dogs. Bear is a 200-lb "baby" and Thor is all energy! Our son, Austin, is 21 and lives at home. He is a student here at MU in the MDED Sports Business major. Our current "pride and joy" is our furbaby Hobbs! Hobbs is a Shih Apso and is just adorably awesome! His name comes from two places—the Calvin and Hobbes cartoon and Robert Redford's role in "The Natural", Roy Hobbs. I hope to have him in the office occasionally! We also have two cats, Diamond and Jessie. Jessie is named after the American Ninja Warrior star Jessie Graff because she was a little ninja as a kitten.

You can consider me your "mom away from home"—unless your mom is mean! Then I don't want to be her! Seriously, please feel free to stop in at any time to chat, to discuss academic issues, or to talk about personal issues. I can be your shoulder to cry on, your cheerleader, or just someone to whom you can vent or share a laugh. My door is always open!

ADVICE/TIPS FROM OUR STUDENTS

Overcoming Obstacles in College

Finding your place on campus

Staying involved on campus is a great way to make Millersville a second home. Getting involved in activities on campus is one of the best ways to make friends! There are all different kinds of groups on campus, which can be found on the Get Involved Millersville page (getinvolved.millersville.edu). Also make sure to check the events section of the Ville Daily for things you might be interested in.

The Honors College Student Association (HCSA) is a great club to get started with. Any honors student can attend the monthly meetings or participate in their activities and fun social events.

"Studying with friends and making sure not to isolate myself helped me feel at home. I formed very supportive and close friendships this way and relieved a lot of the stress felt from courses."

-Noah Stitely '20

"Getting involved in many programs and clubs really helped me to find new people and form friendships."

-Jeremiah Shillingburg '22

Staying on top of courses

Using a daily planner can go a long way when it comes to staying organized! Try not to rely strictly on memory and plan out time during each day to complete assignments and work on projects. Don't spend hours studying the same thing in one sitting; study smart and take breaks when you need them. Finish assignments early when you can! Be sure to check in with professors and peers if you are unsure of anything. Going to office hours is always a great option if you need more help or clarification.



Dealing with anxiety of classes

Staying organized is a great way to help relieve the stress and anxiety that comes with classes. Try to take things one step at a time, and when you feel overwhelmed, make sure to take a step back from the situation at hand.

"Changing my mindset to a focus on learning and giving my best effort helped me realize it was okay if I did not get an A in every class. Above all my faith in God was the most important thing which helped me to stay anchored."

-Noelle Shellenberger '20

Asking for help

It is always important to ask for help when you need it! The Honors College Living Learning Community provides underclassmen with a resource of upperclassmen happy to help you in any way they can. Whether it be questions about assignments, events, registration, or anything else–ask away!

Dr. Thyrum, Beth, and Peer Mentor Michael Skros are also available to help with any questions or personal issues you may have. Each first-year student is also assigned a mentor who is an upperclassman in the Honors college. If you feel that you could benefit from a different mentor, contact Beth Roberts and she can assign you a new mentor.

(beth.roberts@millersville.edu)

SUMMER SPOTLIGHT



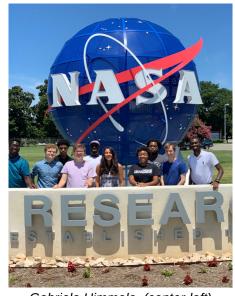




"This summer, I went on the "Pre-Modern Jukebox" music department trip to Europe for twenty days. I went on the trip for academic credit and I was given a grant from the Tell School of Music. Over the course of twenty days, we went to London, England, Paris, France, Vienna, Austria, Budapest, Hungary, Berlin and Leipzig in Germany, Venice, Verona, and Milan, Italy, and lastly we visited both Dublin and the town of Doolin in Ireland. We learned about composers from Mozart to Beethoven and attended multiple concerts and operas. We got to experience different cultures and how their societies have been shaped by the music that we still love and play today. This trip was an absolutely amazing experience that further reminded me why I am studying music."

-Annelise Lorentzen (Sophomore, Music Major)

"This past summer, I completed the CURE program at Hampton University where I worked with data from NASA'S AIM satellite. The internship was research-based and included several field trips to places such as the NASA Langley Research Center, Jefferson Lab Particle Accelerator, and NOAA's National Weather Service in Wakefield, Virginia. Using the programming language IDL, programs were constructed to atmospheric gravity waves that are visible within the images of Noctilucent (Polar Mesospheric) clouds taken by the AIM (Aeronomy of Ice in the Mesosphere) satellite. The tenuous nature of the PMCs allows for the residing gravity waves to be largely identifiable against the background of the night sky.



Gabriela Himmele (center-left)

"The internship included conducting my own research as well as studying the dynamics of the mesosphere and how gravity waves play a central role in driving the atmospheric meridional circulation. I was able to present my research and findings to some of the faculty and other CURE students, and I am continuing this research to further investigate the implications of polar mesospheric clouds on our climate. The investigation of the role of PMCs in both climate dynamics and their interaction with other phenomena, such as gravity waves, is incredibly relevant in that it largely helps us to better understand the atmosphere as a whole as well as highlights how these clouds may be changing with time due to changes in our atmosphere's climate."

-Gabriela Himmele (Junior, Meteorology Major)