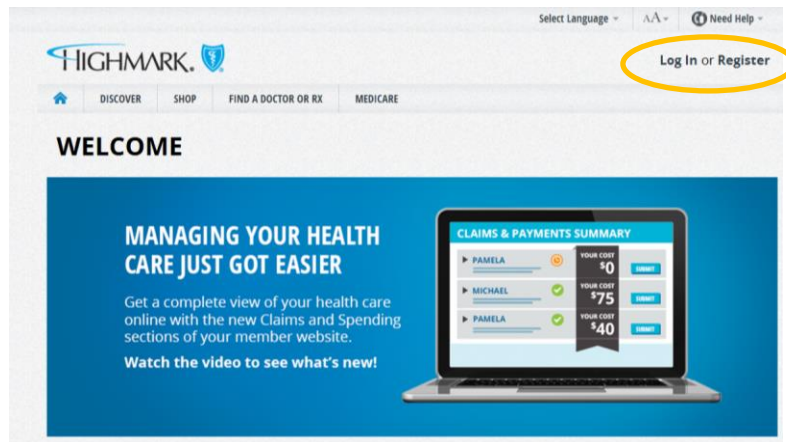
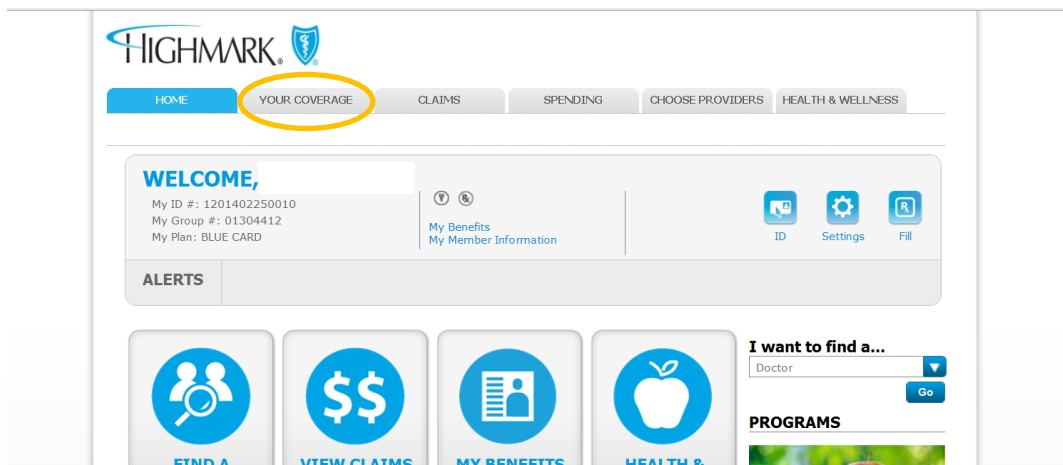


Step 1: Login to Highmark's website: www.highmarkblueshield.com

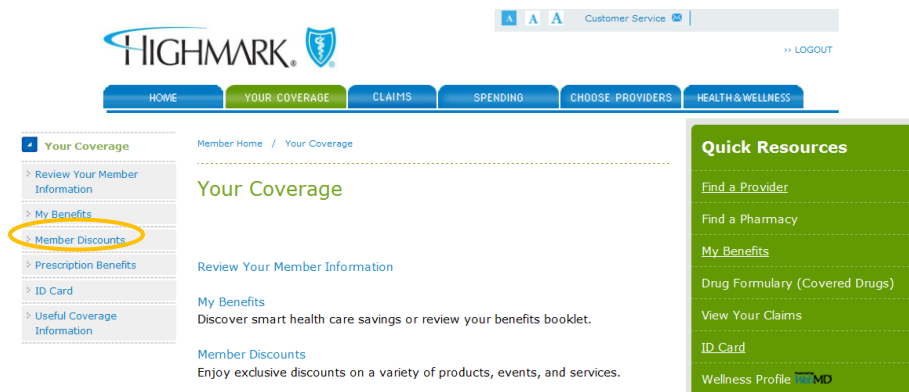
- You will need to register if you are a first time user



Step 2: Select the "Your Coverage" tab



Step 3: Select "Member Discounts"- located on the left-hand side of the page



Step 4: Select “Healthy Choices” and accept the conditions

Customer Service | LOGOUT

HOME YOUR COVERAGE CLAIMS SPENDING CHOOSE PROVIDERS HEALTH & WELLNESS

Member Home / Your Coverage / Member Discounts

Member Discounts

Healthcare Resources | **Healthy Choices** | Everyday Savings

Enjoy exclusive discounts on a variety of products, events, and services.

Step 5: Select “Healthways Fitness Your Way”

Healthy Choices

Jenny Craig

Join Jenny Craig and receive a FREE 30-Day Program*. Jenny Craig will design a personalized, comprehensive program that fits your lifestyle, plus you'll get one-on-one support from your very own personal consultant. *Plus the cost of food.

Nutrisystem

Nutrisystem has new food programs to meet your needs. Save up to 22% on a 28-day program order.

Reebok

Reebok is giving members the Blue 365 exclusive discounts from their online store. Enjoy 20% off footwear and apparel purchases from the online store.

Snap Fitness

Get fit, feel great—and be well. Snap Fitness, with convenient locations near home, work and worldwide, offers you a 50% enrollment fee discount, plus 5% off monthly dues, 10% off personal training and many other FREE bonus perks.

Healthways Fitness Your Way

Healthways Fitness Your Way gives you access to 8,000+ fitness locations - anytime, anywhere, as often as you like. We've made it as flexible, affordable, and accessible as possible with a low enrollment and monthly fee.

Walkadoo

Walkadoo is a pedometer-powered daily activity program that helps you successfully increase your steps. Personalized emails, games, and social support provide encouragement and motivation to meet your goals.

Find local fitness center locations:

healthways fitness your way

Welcome Blue365 members | Returning Member? Log in here

[Click here to enroll now.](#)

JUST be YOU.

Healthways™ Fitness Your Way is a fitness program designed to fit around your life for **just \$28 a month**, a \$25 initiation fee and 3-month commitment. ** Because everyone should be able to get healthy, we've made it as **flexible, affordable and accessible** as possible with nearly 8,000 participating fitness locations, a low monthly fee and discounted access to other products and services, including health and well-being specialists.*

MY BODY
I didn't order this spare tire and I'd like it flattened.

Want to know more? [Read our FAQs](#)

The fitness plan with the **flexibility** to meet your life's needs.

Find one of nearly 8,000 fitness locations

Enter your zip code here [Search](#)

Contact Healthways (888) 242-2060