

**BA Pre-Occupational Therapy**  
**Four Year Pathway Example (2025- 2026)**

**First Year**

Fall Semester		Spring Semester	
Recommended Course Selections	Credits	Recommended Course Selections	Credits
FYEX 100 – First Year Seminar	3	G3 – SOC 101/ANTH 121	3
BIOL 100 – General Biology	3	COMM 100 – Speech	3
ENG 110 – English Comp.	3	MATH 130 or 160 – Stats. or Pre. Calc.	3
PSYC 100 – Intro to Psychology	3	WSSD 311 – First Aid	3
WELL 175 – Wellness	3	G1 – PHIL 120/ 285/ or 200 (level 1 course)	3
<b>Totals Credits for Semester</b>	<b>15</b>	<b>Totals Credits for Semester</b>	<b>15</b>

**Second Year**

Fall Semester		Spring Semester	
Recommended Course Selections	Credits	Recommended Course Selections	Credits
BIOL 254 – A&P 1	4	BIOL 255 – A&P 2	4
PSYC 211 – Statistics & Exper. Design 1 (W)	4	PSYC 215 – Intro to Physical Psych.	3
PSYC 228 – Life Span Human Development	3	PSYC 337 – Abnormal Psych (W)	3
WSSD 375 – Prevent & Care	3	G1 – 200 Level G1 Course	3
		G3 – OSEH 120 Recommended	
<b>Totals Credits for Semester</b>	<b>14</b>	<b>Totals Credits for Semester</b>	<b>16</b>

**Third Year**

Fall Semester		Spring Semester	
Recommended Course Selections	Credits	Recommended Course Selections	Credits
PHYS 131 – Physics 1 (G2 w/ lab)	4	PSYC 356 – Behavior Modification	3
“P” & “D” – PSYC 318 (rec.); SOWK 350; or COMM 317	3	WSSD 450 – Kinesiology	3
PSYC 356 – Health Psych.	3	WSSD 492 – Seminar	1
G2 – Course	3	G2 – Course	3
G3 – 200 Level G3 Course	3	G1/ Elective – 200 Level/ Elective	3
		Elective or Minor Course	3
<b>Totals Credits for Semester</b>	<b>16</b>	<b>Totals Credits for Semester</b>	<b>16</b>

**Fourth Year**

Fall Semester		Spring Semester	
Recommended Course Selections	Credits	Recommended Course Selections	Credits
PSYC 400/495 – Co-op or Directed Project	3	PSYC or WSSD 498	1
AW Course – ENG 312 or 319	3	“W” Course – Writing Gen Ed.	3
Elective or Minor Course	3	Elective or Minor Course	3
Elective or Minor Course	3	Elective or Minor Course	3
Elective or Minor Course	3	Elective or Minor Course	3
<b>Totals Credits for Semester</b>	<b>15</b>	<b>Totals Credits for Semester</b>	<b>15</b>

Date Updated: 5/13/2025

**Notes:** PSYC/WSSD 498 suggested to finish at 120 total credits.

Recommended student completes a minor such as: African American Studies, Cultural Anthropology, Gerontology, Latino Studies, Occupational Safety & Environmental Health. (Adjustments to schedule should be made to account for prerequisite course, or scheduling of Fall/Spring minor courses.)