

**Millersville University's Semi-Annual School Counseling Conference:  
Sustaining, Growing, and Strengthening the School Counseling Profession**

<b>8:30AM-9:00AM – Welcome Reception – <u>Lehr Room</u></b>	
<b>9:00AM – 9:15AM - Welcome from Provost Gail Gasparich, <u>Lehr Room</u> Welcome from Dean Lara Willox, College of Education and Human Services, <u>Lehr Room</u></b>	
<b>9:15AM – 10:00AM – Plenary Session, To Sustain, To Grow, and To Strengthen: School Counselors as Leaders and the Ecology of Systemic Change, <u>Lehr Room</u></b>	
Jason Baker, Ph.D., LPC, Associate Professor of Psychology, Millersville University, School Counseling Core Faculty Member	
<b>10:10AM – 11:00AM – Breakout Session 1</b>	<b><u>Undergraduate Session with PSCs- Gordinier MPR</u></b>
Dr. Julie Cerrito - Shine Bright Like a Diamond: Using Digital School Counseling Portfolios to Boost your Brilliance. <u>University Room</u>	
Ryan McCleary - The Lost Art of Listening. <u>Old Main Room</u>	
Emilia Mattucci and Karen Rubican - Proposed Pennsylvania School Counseling Framework: Key Components from the American School Counselor Association National Model®. <u>Matisse Room</u>	
<b>11:10AM – 12:00PM – Breakout Session 2</b>	<b><u>Undergraduate Session with PSCs- Gordinier MPR</u></b>
Dr. Richard 'Joe' Behun - Practicing within the Legal and Ethical Boundaries of Professional Competence: Inappropriate Functions of the PSC. <u>Lehr Room</u>	
Dr. Julie Cerrito - Fuel your School Counselor Soul: Self-Care Strategies for a Well-Tuned Engine. <u>University Room</u>	
Dr. Andrew Bland - An Existential-Humanistic Approach to School Counseling. <u>Old Main Room</u>	
Dr. Lisa Maloney - Let's Talk Data. <u>Matisse Room</u>	
<b>12:00PM – 1:00PM- Lunch, Lehr Dining Room</b>	
<b>Sponsorship: Milton Hershey School</b>	

### **1:00PM – 1:50PM- Breakout Session 3**

Dr. Jason Baker – Supervision Models to Sustain and Grow and Strengthen. [University Room](#)

Dr. Richard 'Joe' Behun - Practicing within the Legal and Ethical Boundaries of Professional Competence: Inappropriate Functions of the PSC. [Lehr Room](#)

Todd Shirley – Matrix Consultation. [Old Main Room](#)

Dr. Lisa Maloney - Let's Talk Data. [Matisse Room](#)

### **2:00PM – 2:50PM- Breakout Session 4**

Todd Shirley – Matrix Consultation. [Old Main Room](#)

Ryan McCleary – The Lost Art of Listening. [Matisse Room](#)

Dr. Shaun Cook - Cognitive Psychology and the Science of Learning. [Lehr Room](#)

Emilia Mattucci and Karen Rubican - Proposed Pennsylvania School Counseling Framework: Key Components from the American School Counselor Association National Model®. [University Room](#)

### **3:00PM– 3:30PM - Closing**

#### **Presentations:**

#### **Jason Baker (Associate Professor of Psychology, Millersville University, Ph.D., LPC)**

##### *(1) To Sustain, To Grow, and To Strengthen: School Counselors as Leaders and the Ecology of Systemic Change*

Abstract: This keynote explores the ever-evolving role of the professional school counselor as a leader in a rich and fertile field of systemic change. Through the use of cases, metaphors, and examples, connections from theories to applications will help all participants leave with an enthusiasm for leadership and an appreciation for systemic change as an inherent element of modern school counselor practice.

##### *(2) Supervision Models to Sustain and Grow and Strengthen*

Abstract: Have you served as a supervisor for colleagues? Are you interested in supervising a practicum or internship student? Do you think your comprehensive program might benefit from more active

supervision? Come join this engaging and exciting session which explores common models/theories of supervision which have direct application to the work of the modern professional school counselor.

Richard 'Joe' Behun (Associate Professor of Psychology, Millersville University, Ph.D., LPC, NCC, ACS) -

***Practicing within the Legal and Ethical Boundaries of Professional Competence: Inappropriate Functions of the PSC.***

Abstract: This session will examine inappropriate roles and responsibilities of the professional school counselor as determined by the American School Counselors Association and the potential for ethical and legal issues when school counselors are assigned specific job functions which fall outside of the boundaries of their competency and best practice standards.

Julie Cerrito (Associate Professor, School Counseling Program Coordinator, Bloomsburg University, Ph.D., NCC, NCSC, ACS) -

***(1) Shine Bright Like a Diamond: Using Digital School Counseling Portfolios to Boost your Brilliance.***

Abstract: Both new and experienced school counselors may seek career advice in becoming or remaining competitive in their field. This session will provide school counselors in training, practicing school counselors, and counselor educators with creative tools for how they can realize their career and employment potential through dynamic, digital, counseling portfolios. These portfolios may serve as vehicles for relaying important information to future employers. They also help showcase one's education, talents, skills, and noteworthy accomplishments that are extensions of their professional selves. Come learn how you can enhance your professional profile!

***(2) Fuel your School Counselor Soul: Self-Care Strategies for a Well-Tuned Engine.***

Abstract: Happiness is a full tank on an empty schedule! This session will address how school counselors can recharge their batteries to prevent burnout in their personal and professional lives by finding joy in their journeys. Participants will be introduced to five innovative self-care strategies to help them tune up their engines so they are built for the long road; because every mile is a new chapter.

Ryan McCleary (LPC)

***The Lost Art of Listening***

Abstract: This session will explore, what is arguably, the greatest way to make connections and develop trust, the ability to truly listen. Based on Michael P. Nichols & Martha B. Straus' book entitled the Lost Art of Listening: How Learning to Listen Can Improve Relationships. By modeling active listening skills, recognizing the silence and removing self-regulating emotional reactions, you can open the door for effective listening.

Andrew Bland (Millersville University Psychology Dept. & Samaritan Counseling Center Ph.D., LP)

***An Existential-Humanistic Approach to School Counseling***

Abstract: This presentation will overview the relevance of principles of existential-humanistic psychology in contemporary school counseling: offering a sense of presence that is conducive to students cultivating authenticity, intentionality, creativity, and resilience in the face of challenges. Specific interventions and supporting research will be reviewed and discussed.

Emilia Mattucci (PSCA Executive Director) and Karen Rubican (School Counselor Advisor at PDE)

***Proposed Pennsylvania School Counseling Framework: Key Components from the American School Counselor Association National Model®***

Abstract: This session will provide school counselors a comprehensive overview of the newly adopted Pennsylvania School Counseling Framework. We will explore how this data-driven model, aligned with the ASCA National Model: A Framework for School Counseling by the American School Counselor Association, moves beyond traditional, reactive guidance counseling to a proactive, comprehensive school counseling program. Participants will learn how the framework's three key domains—Academic, Career, and Social-Emotional Development—work together to support the success of each and every student, thus supporting school-wide goals. Implementation plans and resources will be discussed.

Lisa Maloney (Ph.D.,LPC, LBS)

*Let's Talk Data*

Abstract: This presentation emphasizes the importance of using data to drive school counseling programs through a four-step process: setting a goal, gathering data, analyzing results, and sharing outcomes (Kaffenberger & Young, 2025). It highlights the use of participation, ASCA student standards, and achievement data to create goals aligned with school and district missions. The session encourages counselors to intentionally use data to identify student needs, measure impact, and communicate results to support continuous improvement and student success.

Todd Shirley (LPC)

***Matrix Consultation***

Abstract: This session will highlight the power of case studies as rehearsal spaces for clinical judgment and ethical reasoning. After reviewing the importance of supervision, participants will be shown a framework that simplifies complex cases, reduces feeling overwhelmed, clarifies next steps, and helps supervisees get unstuck. A live demonstration will model how this structured case analysis works.

Shaun Cook (Associate Professor of Psychology, Millerville University, Ph.D.)

*Select Study Strategies based on Brain Processing: Findings from Cognitive Neuroscience and Educational Neuroscience*

Abstract: There are a number of study strategies that have a long history in the fields of education, psychology and neuroscience. This talk will focus on recommendations based on evidence from Serial Position Effects and Context Effects. These effects will be discussed, along with the resulting study strategies that they suggest. Rich and significant cognitive neuroscientific literature support these strategies, which will also be covered. Such effects, the resulting applications of them to things like study strategies, and their accompanying evidence, are all examples of what the relatively new field of Educational Neuroscience (also referred to as Mind, Brain, and Education or MBE) addresses. Much like the parts of Cognitive Neuroscience that deal with educational applications, MBE is a growing and useful field that has vast implications for educational institutions (and beyond), at all levels.