Fall 2019 started off with some changes and unexpected challenges within the School of Social Work; however, our faculty and staff worked together to maintain the same rigorous standards within our programs. We are close to finalizing the search for the Field Director position and look forward to introducing this person to you in the next edition of our newsletter.

One of the positive unexpected changes will bring $10,000 stipends to some of our MSW students who get accepted into the Opioid Workforce Expansion Program as a result of a $1.35 million federal grant received. Further details about the grant are outlined in a story within this edition.

You will notice that we continue to structure our newsletter so that it aligns with Millersville University’s EPPIIC (Exploration, Professionalism, Public Mission, Inclusion, Integrity, Compassion) values, which reinforces the significant role that the School of Social Work plays in not only carrying out its own mission and goals but that of the larger institution.

I would like to, once again, extend my congratulations to our students in the BASW program who graduated this past week. Thirty-four of our students graduated on December 15, 2019, including Patricia Maila who is a support specialist in the Army National Guard. We are incredibly proud of each one of our graduates and wish you much success!

To our cherished alumni, please stay connected and continue to update us on the ways you are making a difference. Click this link to fill out a brief questionnaire about yourself. We love to hear from you!

To all, have a happy, healthy, and, safe, Holiday Season. Your faculty and staff look forward to welcoming you back in the new year. We are fortunate to have you as a member of our social work community.
Be a Part of Positive Change!
Dr. Rice

Patricia Maila, BASW '19

Visit the School of Social Work website

Follow us on social media! Learning Institute Facebook Page:

School of Social Work Facebook/ Instagram:

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**EXPLORATION**

The School of Social Work Provides an Innovative Education Through Equine Therapy Elective.

During the Summer (2019), the School of Social Work offered a new elective, Animal-Assisted Social Work Interventions, developed and taught by Dr. **Heather Girvin**. Three classroom sessions and online work were dedicated to learning about the history of animal-assisted interventions and related ethics; the neurobiology of trauma; and, because this version of the course focused on *equine-assisted* social work interventions, equine biology and behavior, as well as a review of evidence-based
practices that incorporate horses.

The remaining classes occurred at Our Happy Place Equine Center, home of Herd of Hope Horse Rescue. Herd of Hope (Aileen Stevens, founder) provides sanctuary and rehabilitation to horses who have been abused, neglected, or deserted. The history, adaptation, and biology of horses make them uniquely qualified to partner with service providers. These qualifications are in essence amplified when horses experience trauma.

Students in this class partnered with rescued horses and used their knowledge of trauma and equine behavior (gleaned from the classroom) to learn and enact skills and strategies that can be employed in equine-assisted psychotherapy and other equine-assisted interventions. This course will be offered again during Summer 2020 and counts as one of the electives in the Expressive Arts Certificate program.

The School of Social Work Responds to Hurricane Damage in Puerto Rico

For the second year, the School of Social Work, along with the Center for Disaster Research and Education (CDRE) collaborated with Caras con Causa, an NGO in Puerto Rico. The program offered students an opportunity for cultural immersion, service learning, and development of knowledge and skills related to disaster recovery. Additionally, students explored disaster management and recovery through a social justice and human rights lens.

Eleven students and Dr. Karen Rice learned how Caras works closely with local communities to organize for the promotion of economic, social, and environmental resilience and justice. Students were able to assist Caras with a number of their projects, including wetland restoration, debris cleanup of an abandoned house destroyed by Hurricane Maria, and community garden development. In addition to the learning and service that occurred, the group explored the Puerto Rican culture. In a short period of time, students learned that despite differences in backgrounds, identities, and disciplines, they can come together to promote positive social change. A deeper appreciation for humanity and human rights, emerged.

This short-term study abroad trip allowed our students to utilize a human rights-based framework, which means faculty and students learn how to engage communities to assist in a way that fosters dignity and respect for human relationships, is collaborative and authentic, is transparent and clear,
ensures accountability, and promotes justice. For more information about service learning trips provided by Millersville University please click below.

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**PROFESSIONALISM**

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**The School of Social Work Offers New Internship Opportunities**

The School of Social Work has partnered with the Lancaster City Mayor’s office in order to provide Master of Social Work students the opportunity to influence change at the municipal level. The internship offers an opportunity to improve resident outcomes in the City of Lancaster, specifically related to housing, health, and homelessness prevention.

**Christopher Thomas**, the MSW student completing his field placement with the Mayor's Office shared his support for the housing department as they refer residents who are at risk of losing their homes, to the appropriate resources in order to assist them. This management experience is crucial in developing a working knowledge of a geographical area to influence change at all system levels.

Additionally, **Dr. Saldana DeJesus** created a partnership with the Lancaster County Public Library to place MSW students, **Crystal Morales** and **Alfreda Bangbeor** within their building in order for the students to assist the patrons of the library with SNAP/Disability Applications; Career building; Crisis Support; and Immigration and Emergency Services for Food, Clothing, and Housing Needs. This referral of services to patrons of the Library offers real world experience with case management work. For more information on Social Work programs and opportunities, visit their website, using the link, below.

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**Fostering Interprofessional Education Through Partnership with Penn State College of Medicine**

The School of Social Work, in accordance with the Council on Social Work
Education (CSWE) recognizes the vital role of social workers to the future of healthcare infrastructure within the United States. Social workers are working with interdisciplinary teams in a variety of settings, including veterans’ hospitals, healthcare facilities, substance abuse prevention and treatment programs, long-term nursing facilities, public schools, child protective services, and family service settings. As a result, it is essential that social workers be prepared for interprofessional collaborative practice.

In collaboration with The Office of Interprofessional Collaborative Education and Teamwork (ICE-T) at Penn State College of Medicine, the School of Social Work is offering an Interprofessional Education (IPE) Certificate Program for BASW and MSW students. For more information on how to register please click the link, below.

**Millersville University**

**SCHOOL OF SOCIAL WORK**

**BASW • MSW • DSW**

Students Present at the International Consortium for Social Development Conference in Indonesia

Achieving the social development goals requires the active participation of all sectors of society using a multi-stakeholder approach. The International Consortium for Social Development’s biannual conference aimed to cover all the challenges as stipulated under the Sustainable Development Goals. The conference focused on sustainable issues around the world and the importance of education on issues of sustainability.

**Sam Christmann** (MSW, ’19) presented on *The Importance of Comprehensive Sex Education: Addressing Sexual Violence, Sexually Transmitted Diseases, and Teenage Pregnancy*. Every young person will one day have life-changing decisions to make about their sexual and reproductive health. Ms. Christmann shared a comprehensive sex education program she developed based on research that showed the majority of adolescents lacked the knowledge required to make responsible decisions related to sex, leaving them vulnerable to coercion, sexually transmitted infections, and unintended pregnancy. Comprehensive sexuality education enables young people to protect their health, well-being, and dignity because these programs are based on human rights principles, which advance gender equality and the rights and empowerment of young people (UNFPA, 2019).
School of Social Work Awarded $1.35 Million 3-Year Federal Grant

The School of Social Work and Department of Nursing received a $1.35 million three-year Federal Health Resources and Services Administration (HRSA) Opioid Workforce Expansion Program (OWEP) grant. The purpose of the grant is to prepare social work and nursing students with the knowledge and skills necessary to respond to the opioid and other drug crisis. To help combat the opioid crisis, Millersville University social work students who are interested in becoming experts in addiction and recovery will receive a $10,000 stipend to alleviate some of the financial burden associated with completing their MSW program. Further, participation in the program provides our students, faculty, staff, and community members with specialized training in the prevention, treatment, and recovery of opioid and other drug use.

Dr. Marc Felizzi serves as the Principle Investigator and Program Director while Drs. Kelly Kuhns (Nursing), Karen Rice, and Laura Granruth serve as Co-Principle Investigators. MSW student, Alexandra Jean-Paul is the program’s Graduate Assistant.

To learn more and/or to apply, contact owep@millersville.edu

Assessing and Responding to Students’ Well-Being

The Campus Cupboard at the HUB

A 2019 study conducted by Drs. Jennifer Frank and Karen Rice indicated that the level of food insecurity experienced by Millersville University students is at 36.5%, which is triple the national level of 11.1%. This study utilized the USDA’s food insecurity measure, a validated tool, to examine food insecurity. All Millersville University students were invited to voluntarily participate in the survey. Unfortunately, according to similar research at other four-year colleges, this statistic is not out of the ordinary.

Food insecurity is a challenge affecting many college students, nationwide. Drs. Frank and Rice’s research also found, among other things, a correlation between food insecurity or housing insecurity and the five domains of well-being that were examined (social, emotional, mental, physical, and intellectual well-being). This instrumental research has prompted a number of University initiatives, many in collaboration with the Campus Cupboard, including a Crock Pot Drive and Cooking Classes. For more information on the Campus Cupboard
Willa Dean Johnson Memorial Scholarship Created

**Dr. David Johnson**, Associate Professor, has established the Willa Dean Johnson Memorial Scholarship in Social Work in memory of his mother who passed away this past September. Mrs. Johnson was a lifelong Democrat and a very politically interested person. She lived all of her 85 years in northeast Tennessee, was the mother of four sons, grandmother of nine, and great grandmother to five. She was married to the late Howard Johnson, a Korean War era veteran, member of the Teamsters Union, and also a lifelong Democrat. The two of them always voted on the very first day of early voting. They would stop at McDonald's for coffee and a biscuit before heading to the county courthouse to cast their ballots...in every election. It didn't matter if it was local, statewide, mid-term, or presidential. If there was an election, the Johnsons were voting.

For the last 13 years of Mrs. Johnson's life, **Dr. Johnson** spoke with his mother by phone every single day unless he was physically present with her. And, there was rarely a conversation that she did not mention politics. She was always interested in what the government was doing to help the poor, the homeless, the elderly, women, people of color, any group that had not been historically well-served. She was keenly aware of social justice -- and of social injustice. She taught six-year old children in Sunday School for 47 years in her local church. She made meals for sick neighbors and sat by bedsides of dying friends and family members. She would have been a good social worker.

Mrs. Johnson visited the Millersville University campus in late 2015 and had the opportunity to meet several of our School of Social Work faculty and students. She spoke often of the beauty of the campus and the friendliness of our people here. She wouldn't have wanted all the fuss about her, but she would be pleased to know that students will benefit from this scholarship in her name. This annual award will benefit an undergraduate student with a demonstrated interest in social welfare policy practice. The School of Social Work is appreciative of **Dr. Johnson** for honoring his mother by supporting our students in achieving their academic goals.

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**INCLUSION**

**Addressing the Well-Being Needs of College Students**

In collaboration with the Center for Health Education and Promotion (CHEP), the School of Social Work developed a new program on
campus to address the well-being needs of our campus students. The program, the Wellness Advocate provides case management services to University students in need of resources and/or referrals related to mental well-being, relationship challenges, food and housing insecurity, scholarships and loans, insurance, and much more. As the student Wellness Advocate, Daniel Martin (MSW student) provides resources and support to students who are in need but who may be unaware of where to go to receive the support/services. For more information on the Wellness Advocate and how to schedule an appointment, click below.

Wellness Advocate

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**INTEGRITY**

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**Millersville Hosts 6th Annual Leadership Summit**

One of the most renowned principles of American culture has been the understanding that America was and is intended to be a patch-work quilt made up of many different races, ethnicities, and cultures. Unfortunately, the proliferation of racially charged events in the media has directed a majority of the attention on diversity and race to the rifts in this quilt.

Organized by Dr. Karen Rice, this year's Leadership Summit hosted 106 students from 11 schools across Lancaster County. The event was a great success as students gathered to explore difficult topics and learn how to engage in positive dialogue. Students attended a variety of breakout sessions led by Millersville's DEI (Diversity, Equity, Inclusion) Champions, including Exploring Identity through Poetry and The Roles of Active Bystanders and Allies.

During the Summit, thirteen chaperones participated in the inaugural training on how to teach diversity within their schools, led by Drs. Nakeiha Primus (Department of Educational Foundations) and Dr. Jason Baker (Department of Psychology).

Debi Schmidt, a chaperone from Lancaster County Academy commented, "I think this is a very valuable event and necessary in our communities as racism continues to be an issue in our schools and our country in general." At the end of the day, students were left with the challenge to use their new insight to change the climate within their schools and communities.
This Summer, Millersville University will host a Summer Institute course, **Fostering Diversity, Equity, and Inclusion to Create a Sense of Belonging** to equip educators to lead students in intergroup dialogue to foster peace and justice. In the week-long course, July 13-17, 2020, you could earn 3 graduate credits while gaining practical tools to take back to your workplace. Do not miss your opportunity to join, registration begins February 3, 2020.

Summer Institute

**COMPASSION**

**Social Advocacy Living Learning Community Addresses Global Goals Through Volunteering**

This year, members of the Social Advocacy Living Learning Community made a commitment to focus their advocacy efforts on de-stigmatizing mental health and raising awareness about resources available to students, on and off campus. Members are addressing global concerns and relevant social problems through volunteering at events such as Pride-Fest, the Multi-Cultural Showcase, the Otter Creek Clean-up, and the Mental Health Expressive Arts Exhibit. Further, students traveled to the city to offer food to individuals who are homeless. The students used their remaining meal plan balance to purchase food for those in need to avoid food waste while simultaneously addressing a larger social challenge.

The Social Advocacy Living Learning Community is for incoming social work, sociology, and psychology
Drs. Karen Rice, Kat Walsh, and Shaun Cook (Psychology) serve as faculty advisers. Applications for Fall 2020 are currently being accepted. For more information and to apply, please visit the Housing and Residential Programs webpage.

Alliance for Social Change Period Drive

Alliance for Social Change, School of Social Work student organization, collected donations of hygiene products throughout the semester to ensure we continue to have products available for those who are in need of them. The project, Code Red, which was implemented by the President's Commission on the Status of Women provides free period products located within various bathrooms throughout campus.

ALUMNI SPOTLIGHT

Francis Milano, BASW '17

"The skills I have gained at Millersville have helped me smoothly integrate into my current role as a Legislative Assistant for Representative P. Michael Sturla. Besides assisting individuals in our district with state related concerns and services, my responsibilities also include coordinating our Annual Back to School Giveaway, which provides approximately 2,000 School District of Lancaster students with free uniforms, shoes, backpacks, and books while also connecting families with services and resources available within the community."

"As the event coordinator I have various responsibilities, which include; leading committee meetings with our office in collaboration with community partners, creating timelines and improving procedures for the event and promoting a collaborative work atmosphere for all involved."
After graduating, **Francis** remained at Millersville University for an additional two years serving as an AmeriCorps VISTA (Volunteers In Service to America) at the Experiential Learning and Career Management (ELCM) Office. As an AmeriCorps VISTA, **Francis** was the Program Coordinator for the McCaskey Tornado Career Corps Program. This college and career exploration program provided School District of Lancaster, McCaskey High School students with workshops to better prepare and expose them to various post-secondary opportunities available based on their interests.

For more information on the BASW program, click below.

**Amanda Widders, BASW '09, MSW '13**

"The MSW program at Millersville taught me a lot about working with different populations and the importance of networking. The program taught me how to balance classes, work and personal life as well. I was able to complete the MSW program while working full time. Millersville offers their MSW program on a part time basis, which allows the flexibility for those that are working full time."

"One of the biggest assets of the MSW program is the amount of experience and knowledge that the staff brings to the classroom. Not only do the professors bring a lot but they allow the students to collaborate and learn from one another. Class discussions were one of my favorite parts of the program because we were able to bounce ideas off of one another and come up with solutions together. Networking is an important piece of Social Work. Social Work is not a job that can be completed by one person alone, it takes a whole village to help people. I still find that I am reaching out to former classmates and former colleagues for help and ideas."

After graduating with her MSW, **Amanda** accepted a job as an Intake Supervisor at Lancaster County Children and Youth. She worked there from 2008-2018 in various roles and position. **Amanda** states that work allowed her to become competent in many areas of Social Work as she dealt with cases regarding mental health concerns, substance abuse, domestic violence, child abuse/neglect, and limited family resource, to name a few. **Amanda** is now working at Children’s Hospital of Philadelphia (CHOP) as an Endocrine Social Worker. Working at CHOP has been a dream come true for **Amanda** and has allowed her to learn so much more about the role of a Social Worker in a hospital setting. It has allowed her to continue to grow personally and continue to build her network with other social workers and of resources.

For more information on the Masters of Social Work program click, below.

**Meredith Moore, DSW '18**
Meredith graduated from the Millersville University Doctor of Social Work (DSW) program in Spring 2018 as a member of its first cohort.

“The Millersville University DSW program afforded me many opportunities to enhance my leadership and teaching skills. In particular, the program’s leadership courses augmented my knowledge of social work leadership theories and their practice application in organizational leadership. While completing my work-based Praxis within a federal healthcare system, this scholarship expanded my understanding of the cultural nuances and multi-faceted leadership within an infrastructural government framework. This knowledge was paramount in identifying my dissertation research topic and the completion and defense of my dissertation work.”

Meredith is now a Senior Social Worker providing clinical outpatient services for the Veterans Administration. Since her graduation, she has served on several Lebanon VA Medical Center committees including its Social Work Professional Standards Board, Advisory Council, and Education committee. She also represents her organization and profession as a Lancaster County Office of Aging Advisory Board member.

“The Millersville University DSW program finessed my leadership skills, which are paramount in my professional social work practice in my organization, community, and beyond. The acumen I attained in this doctoral program not only bolstered my educational foundation but also had an immeasurable impact on my professional perspectives and development.”

For more information on the Social Work Doctorate Program click, below.

Doctorate of Social Work Program

PROFESSIONAL DEVELOPMENT AND SCHOLARSHIP ACTIVITIES

Presentations

Student Presentations

- Boyer, R. *The Interpreters*. Participated in a pre-screening panel discussion at the Ware Center, Lancaster, PA, September 26, 2019.

Faculty Presentations

• **Felizzi, M.** Screening, Brief Intervention and Referral to Treatment Model. Training presented at Millersville University, PA, December 20-21, 2019.

• **Frank, J.** Creating Community as a Strategy to End Poverty. Presented at the NASW-PA Annual Conference, Pocono Mountain, PA, September 2019.


• **Frank, J., & Rice, K.** Food Insecurity and Wellbeing on a College Campus. Roundtable discussion with Millersville students and the Secretary of the Department of Health and Human Services, Ms. Teresa Miller, Lancaster, PA, November 20, 2019.


• **Rice, K., & Vicente, C.** Intergroup dialogue as a tool to achieve peace, justice, and strong institutions. Presented at 21st Biennial International Conference of International Consortium for Social Development: Strengthening Social Development to Achieve the Sustainable Development Goals (SDGs), Universitas Gadjah Mada, Yogyakarta, Indonesia, July 15-19, 2019.


• **Walsh, K.** Ethical Practice in Human Services. Presented at Pressley Ridge invited professional training seminar, Lancaster, PA, October, 2019.

Faculty, Staff, and Student Publications:

- **Frank, J., Granruth, L., & Thomas, C. (MSW Student)** created a survey instrument for Housing Development Corporation, September, 2019.

Appointments and Recognitions:

- **Dr. Jennifer Frank** serves on the steering committee for Bridges Community Partnership. **Dr. Frank** helped secure a $10,000 grant from Compass Mark/Lancaster County Drug and Alcohol Commission for Enhancement of Community Resources through Connection and Collaboration.
- **Dr. Karen Rice** was appointed to serve three year term as a member of CSWE (Council on Social Work Education) COEP (Commission on Educational Policy).
- **Dr. Kathleen Walsh** is a member of the inaugural cohort of the President’s Leadership Institute, academic year 2019-2020.
- **Mr. Bradley Schaffer (DSW Student)** was appointed to serve as an alternate of the Social Work and the Courts Specialty Practice Section Committee for National Association of Social Workers (NASW) for a two-year term.

**Upcoming Events and Call for Proposal for Annual Conference**

**7th Annual Global Well-Being & Social Change Conference**

**April 15-17, 2020**

Reenvisioning Our World: Seeing What Works, Broadening our Understanding
View, Seeking Innovative Alternatives. Millersville University School of Social Work’s Learning Institute is dedicated to investigating global social issues. The Learning Institute provides a platform from which experts share their knowledge and offer training for agents of social change. Each year, The Learning Institute hosts events that center on a particular theme reflected in the Learning Institute’s literature, roster of speakers, and annual conference. The 2020 academic year offers the perfect opportunity to “check our vision,” assess where we stand as agents of social change, and broaden our view of and responses to social problems and causes of social inequity.

Across disciplines, social change agents are called upon to identify what works and to respond with innovation to problems that have proven particularly resistant to change. How might we think about issues, discuss divergent ideas, and develop strategies that are inclusive and responsive to need? How can we foster social justice for our communities and clients by building on current evidence that tells us what is working? We invite you to this year’s conference and ask that you share your experiences of what works in your sphere of influence and / or to share innovations or promising practices.

Learning Institute Events

Reenvisioning Our World:
SEEING WHAT WORKS, BROADENING OUR VIEW,
SEEKING INNOVATIVE ALTERNATIVES
April 15-17, 2020 | N. George St, Millersville, PA

The 2020 academic year offers the perfect opportunity to “check our vision,” assess where we stand as agents of social change, and broaden our view of and responses to social problems and causes of social inequity. Across disciplines, social change agents are called upon to identify what works and to respond with innovation to problems that have proven particularly resistant to change. How might we think about issues, discuss divergent ideas, and develop strategies that are inclusive and responsive to need? How can we foster social justice for our communities and clients by building on current evidence that tells us what is working? We invite you to this year’s conference and ask that you share your experiences of what works in your sphere of influence and / or to share innovations or promising practices.

Our conference welcomes research that identifies barriers to social justice and human rights, as well as strategies (policies, programs, and practices) to promote social justice and human rights across diverse populations. These presentations may be original research, theoretical framework(s), clinical interventions, pedagogy, and/or policy/advocacy. Human rights are complex and multifaceted; strategies to enhance it require equally complex and interdisciplinary responses. Scholars, practitioners, students, and agents of social change from all disciplines are encouraged to submit proposals.

Proposal Instructions

- 60 minute presentations of original research, theoretical framework, and clinical interventions. Depending upon number of submissions, you may be paired with another paper presentation for 30 minute presentations, each
- 15 minutes of presentation followed by 45 minutes of interactive discussion on a variety of topics related to the conference theme with conference participants.
- 60 minutes of educational, interactive, and experiential learning activity.

Deadline: December 31, 2019

CALL FOR PROPOSALS

Seeking topics related to Global Goals, including:
- Food Insecurity
- Education
- Environmental Justice
- Climate Change
- Police Brutality
- Access to Education
- Homelessness
- Emotional Well-being

Please submit your proposal to https://www.cooperation.com/MillersvilleUniversity/7thAnnualGlobalWell-beingAndSocialChangeConference
Contact Karen Rice at karen.rice@millersville.edu with any questions.
See back side of flyer for more details

Learn More Here
Submit Proposal Here
**Wednesday, February 19, 2020**
Multpurpose Room, Student Memorial Center
6:00 PM - 9:00 PM
Followed by a presentation and Q&A

**Monday**
**February 19, 2020**

**Monday**
**March 9, 2020**

**Thursday**
**April 9, 2020**

[Learning Institute Page](#)
[Register Here](#)