

# ACADEMIC RESILIENCE SERIES



LAUREN CIUBOTARU (THEY/THEM/THEIRS)

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DOCTORAL INTERNS, MU CENTER FOR  
COUNSELING & HUMAN DEVELOPMENT

## BEYOND SELF-CARE: CULTIVATING RESILIENCE THROUGH CONNECTION

Sponsored by University College and  
Academic Advisement &  
Student Development

Wednesday, March 20, 2024

12-1 p.m.

Ford Atrium (McComsey Hall)

OPEN TO ALL MAJORS!  
REFRESHMENTS PROVIDED!

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