

MU IRB Guidelines for Maintaining Your Own and Participant Health

The MU IRB strongly suggests you follow all [CDC guidelines](#) to protect yourself and other from the spread of Corona virus. These guidelines include [social distancing](#), [frequent handwashing or use of an alcohol-based hand sanitizer](#), and the [use of masks](#).

Further guidance from the CDC specific to institutions of higher education can be found [HERE](#). Information specific to MU can be found in the [Millersville University Covid-19 Health and Safety Plan](#).

Additionally, the MU IRB also suggest that you take the [CITI training module, COVID-19: Back to School \(Fall 2020\)](#). This training consists of a series of videos covering the history and epidemiology of Corona virus as well as general guidelines for avoiding infection. This training is available to any member of the University Community. If you need help logging into CITI, please contact [René Muñoz](#).

Finally, the MU IRB suggests that you ask research participants screening questions prior to beginning any face-to-face research. These questions can include:

- Have you or anyone in your household had any of the following symptoms in the last 14 days: sore throat, cough, chills, body aches loss of smell, loss of taste, or fever?
- Have you or anyone in your household been tested for COVID-19?
- Have you or anyone in your household visited or received treatment in a hospital, nursing home, long-term care, or other health care facility in the past 30 days?
- Have you or anyone in your household traveled in the U.S. in the past 14 days?
- Have you or anyone in your household traveled on a cruise ship in the last 14 days?
- Are you or anyone in your household a health care provider or emergency responder?
- Have you or anyone in your household cared for an individual who is in quarantine or who has tested positive for COVID-19?
- Do you have any reason to believe you or anyone in your household has been exposed to or acquired COVID-19?
- To the best of your knowledge have you been in close proximity to any individual who tested positive for COVID-19?

If the participant answers yes to any of these questions, it may be advisable to reschedule the research meeting and/or recommend that the participant see a health care provider. It is up to the researcher to determine the level of risk with which they are comfortable. However, it is important to note that exposure to anyone later found to be Covid positive will impact the researchers access to University and other facilities.